Blackfoot Motosports
CARING FOR OUR CUSTOMERS SINCE 1970
WWW.BLACKFOOTONLINE.COM BLACKFOOT & 46TH AVE SE
BIGGEST CLEAR-OUT OF THE YEAR
THE BEST DEALS OF THE YEAR START HERE
5 YEARS SUZUKI WARRANTY
PLUS
RETAIL INCENTIVES UP TO $2,000*
SUZUKI
Way of Life!
WWW.SUZUKI.CA | /SuzukiCanada

Calgary metro

CANADIAN MEDAL COUNTER 0 1 3

Woman kicked off bus for 'vulgar' crop top

metroNEWS

Your essential daily news | TUESDAY, AUGUST 9, 2016 High 23°C/Low 12°C Partly cloudy

Jen Kish gives a thumbs up during the medal ceremony in Rio de Janeiro, Brazil, on Monday.
THE CANADIAN PRESS

7S HEAVEN

Team captain — and Albertan — leads Canada to rugby bronze

metroRIO

RAINFALL

Calgary gets its August average — in eight days

Brodie Thomas
Metro | Calgary

You can set your watch by it. If there's a thunderstorm, it's afternoon in Calgary.

One week into August, and the city has already topped the average for rainfall in the month.

On Monday morning, the Calgary International Airport reported 59.1 millimetres of rain, and that was before an afternoon thundershower rolled through.

The 30-year average for rainfall in Calgary is 57 millimetres, according to Environment Canada meteorologist Kirk Torneby.

He said this year's numbers are based on the airport's rain gauge, and said there are likely areas of the city that have seen much more precipitation.

These things are quite spotty by nature," he said. "Basically — as things roll through — there's areas that get heavier precipitation than others."

He noted that Canada Olympic Park is showing 40 millimetres for the month.

While we're now above-average, Calgary still has a ways to go in topping the all-time record of 238.8 millimetres set in 1899.

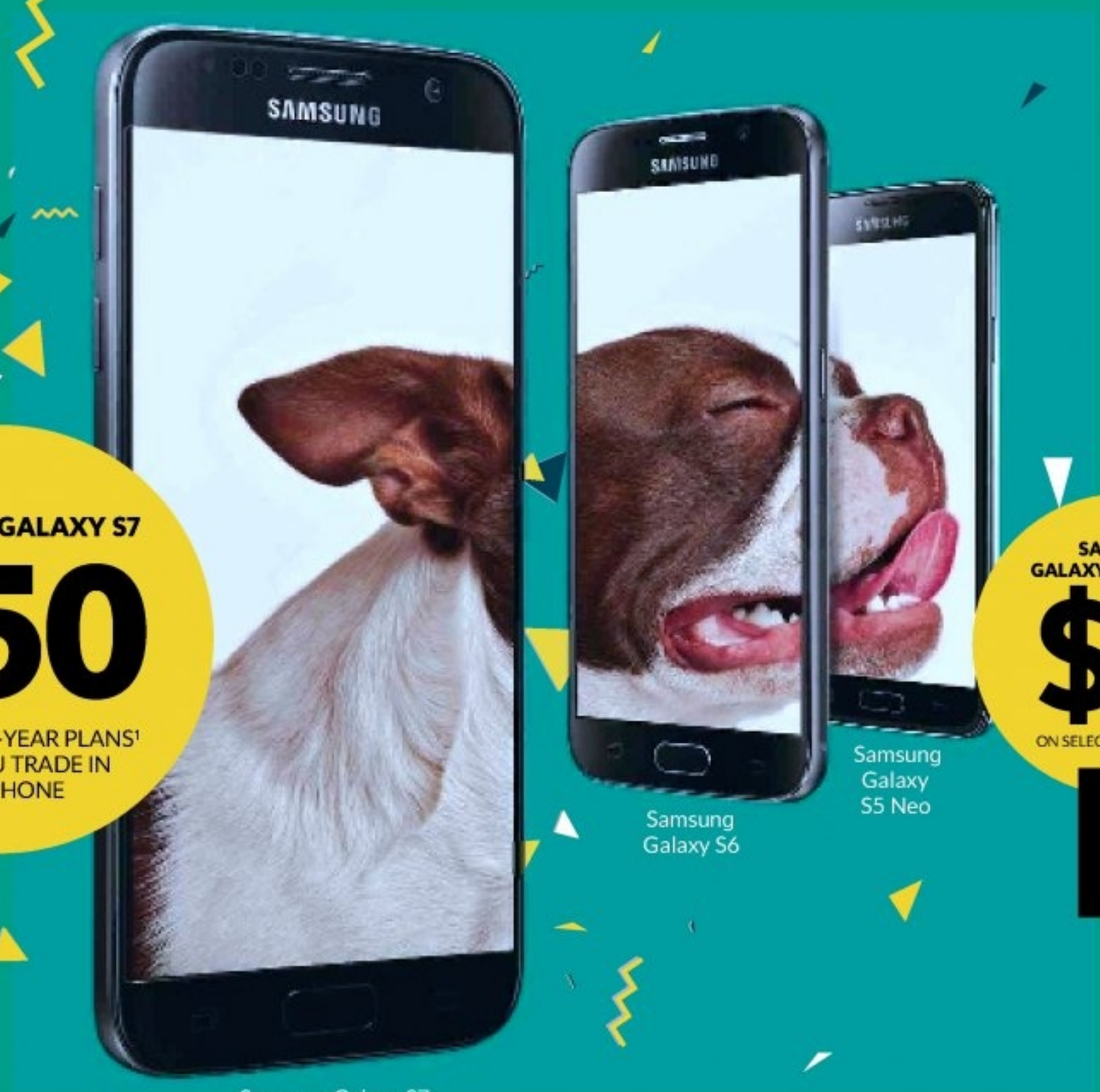
And although there may be showers forecast for every day until Thursday, Environment Canada is predicting a sunny and warm weekend.

Grand Prize #1 WORTH MORE THAN $1.3 MILLION RETAIL!
Alberta Cancer Foundation
CASH & CARS LOTTERY
Grand Prize #2 WORTH MORE THAN $1.3 MILLION RETAIL!
TRUMAN
CALGARY SHOWHOME
109 WEST GROVE POINT SW
PLUS 2016 Toyota Rav4 Hybrid Limited PLUS $5,000 Cash!
Vehicle supplied by Kingsway Toyota, Edmonton
Alberta Cancer FOUNDATION
EDMONTON SHOWHOME
605 HOWATT DRIVE SW
PLUS 2016 Toyota Camry LE PLUS $5,000 Cash!
Vehicle supplied by Kingsway Toyota, Edmonton
TICKETS NOW STARTING AT $75 EACH!
Grand Prize #3
$250,000 CASH
You Win 50
Tickets Only: $10 each, 5 for $25, 15 for $50
View the real-time 50/50 cash counter at cashandcarslottery.ca
WIN UP TO $700,000 CASH!
NEW PRICING
cashandcarslottery.ca 1.877.783.7403
Tickets are $75 each, 3 for $150, 6 for $250, and ~~12 for $475~~
2016 Lottery Licence #432802 | 2016 You Win 50 Licence #432803 | 3,023 prizes worth more than $4.2 Million
Please visit our website for lottery rules | ONLY IN ALBERTA

THE SAMSUNG EVENT IS ON

fido

For a limited time, get the latest Samsung phones from $0.



Samsung Galaxy S7

Samsung Galaxy S6

Samsung Galaxy S5 Neo

SAMSUNG GALAXY S7

$50

ON SELECT 2-YEAR PLANS[1] WHEN YOU TRADE IN ANY PHONE

SAMSUNG GALAXY S6 & S5 NEO

$0

ON SELECT 2-YEAR PLANS[1]

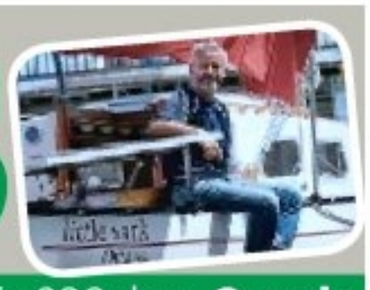
+ GET A MINIMUM **$100 CREDIT** WHEN YOU TRADE IN ANY PHONE[2]

Visit a Fido store today.

Offers end August 15, 2016, subject to change without notice. **1.** Samsung GS7 at $50 (with eligible trade-in) and GS6 Edge at $0, each with a 2-year Plus30 plan. Samsung GS5 Neo at $0 with a 2-year Plus15 plan. Early cancellation fees apply. Taxes extra. **2.** Subject to FidoTRADE Terms and Conditions, **fido.ca/trade**. Credit applied in store against concurrent purchase of accessories or another new phone (for new activations) or applied as a credit to your bill within 2 or 3 bill cycles (for existing customers). ©2016 Fido

metro NEWS

Your essential daily news



This Ottawa man is packing up and sailing around the world in 300 days. **Canada**

Community seeks permanent Pride

RECOGNITION

LGBTQ lobby, city want way to commemorate local history

Helen Pike
Metro | Calgary

Calgary's LGBTQ commemorations have been fleeting, short-lived.

Last year, the rainbow crosswalk lasted only a month, and banners and flags to line the Pride parade streets always come down when the hurrah is over.

But, as Kelly Ernst, executive director of Calgary Outlink, said: "Gay people are not a one-time event."

In September, a group of stakeholders will begin consultations with Coun. Evan Woolley about what commemorating Calgary's LGBTQ community might look like in the Beltline, where the city's LGBTQ community has historically congregated.

"Before you talk about putting a monument together, you have to have a conversation about what it means," said Coun. Evan Woolley.

"What's important is to start a process for us to undertake some reflection on our history, and the history on the gay community in Calgary."

Woolley said he cautions not to jump to a monument, but to discuss what something like a commemorative piece might be; he wants to keep politics out of the politics and create something meaningful to the community.

These talks come out of Calgary's rich, but somewhat unremembered history according to the city's prime LGBTQ historian Kevin Allen. In fact, a Calgary man inadvertently helped change the laws around homosexuality.

Everett George Klippert was sent to prison for "gross indecency," and nearly jailed for the rest of his life after the Supreme Court found him to be a dangerous sex offender — all for consensual gay sex, which was illegal.

"That's when Trudeau senior said: 'The state has no place in the bedrooms of the nation,'" Allen said. "A quote many people don't connect to the gay rights movement."

He said it was the Calgary bus driver's case that changed the law for everyone, legalizing homosexuality, in Canada.

"I would like to see something physical," Allen said. "I'm partial to some kind of statue. I think it's time. We're seeing this across the country — this sort of reconciliation between the state and the gay community."

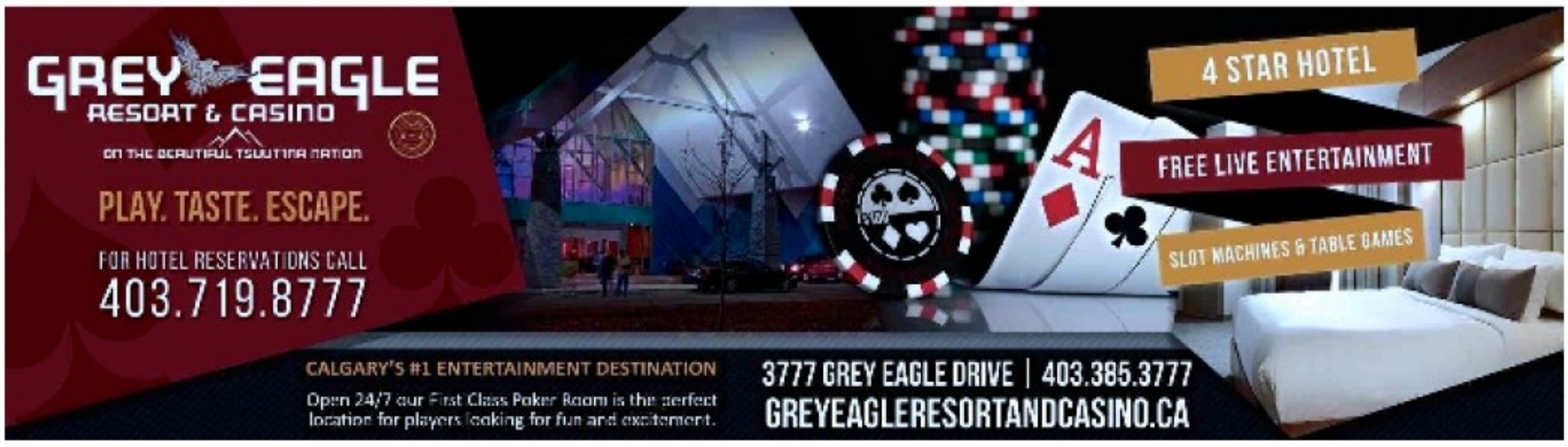
Ernst said city hall isn't really the place for something commemorative. He'd rather see something in the Beltline, where protests happened and where the first gay bar in Calgary, Club Carousel, was opened.

"Having something is a good idea because it recognizes the role that LGBT people have had in the city," Ernst said. "It's simply respectful."

50%

Percentage of LGBTQ respondents in a recent survey done by Calgary Outlink who live in the downtown and Beltline area.

Moments in local LGBTQ history: the 2015 Pride crosswalk (above); a poster from the first pride rally in 1990 (inset left); a currency called Butch Bucks believed to be from 1978 (bottom right). METRO FILE/COURTESY CALGARY QUEER HISTORY


GREY EAGLE
RESORT & CASINO
ON THE BEAUTIFUL TSUUTINA NATION
PLAY. TASTE. ESCAPE.
FOR HOTEL RESERVATIONS CALL
403.719.8777
4 STAR HOTEL
FREE LIVE ENTERTAINMENT
SLOT MACHINES & TABLE GAMES
CALGARY'S #1 ENTERTAINMENT DESTINATION
Open 24/7 our First Class Poker Room is the perfect location for players looking for fun and excitement.
3777 GREY EAGLE DRIVE | 403.385.3777
GREYEAGLERESORTANDCASINO.CA

Police cars losing ID numbers

IDENTIFICATION

New black-and-white vehicles don't have the same markings

Lucie Edwardson
Metro | Calgary

The newer black-and-white police cars do not sport the same ID numbers as the older white-and-blue cars. METRO FILE

Over the last few years black-and-white police cars have been making a comeback in Calgary as the white-and-blue cars are phased out — and some are wondering about some of the decal changes, specifically the cars' identification numbers.

Sharon Polsky, director of the Rocky Mountain Civil Liberties Association, told Metro she's heard complaints about the reduction in identification numbers on the newer black-and-white models.

She said on the old white-and-blue cars there were ID numbers on all sides of the vehicles so people could easily identify the cars, but now the black-and-white cars have cut back — removing the numbers from each side of the vehicle.

"The numbers make it more readily possible for members of the public to identify a police car," she said.

"For the matter of accountability, does that even come into their calculations? We don't know."

According to Calgary Police Service (CPS) Insp. Ken Thrower, the reduction in ID numbers on the vehicles was simply a cost-saving mechanism.

"All the decaling on the blue-and-white cars cost approximately $1,000 per vehicle," he said.

Thrower said this is because the vehicles come in all white and all the decals for those vehicles are one piece. That takes two workers a full work day to install.

As for the black-and-white vehicles, he said they've reduced the decal expenses by almost half.

"Not only do the black-and-white vehicles take less than half the time, but all the decaling costs about $550 and only takes one person to do," said Thrower.

Thrower said with an ID number on both the front and back bumpers of the black-and-white vehicles, in addition to a licence plate, people should be able to identify a police vehicle easily.

But Polsky said it's an issue of accountability.

"They're all about accountability and public service, but this makes it more difficult to uphold that," she said.

Thrower said, however, the reduction in ID numbers wasn't meant to make things difficult for the public.

"It wasn't intended by any stretch of the imagination to allude the public," he said.

Furthermore, Thrower said if a member of the public witnesses a police car doing something illegal, or would like to understand what they were doing, the CPS cars can all be tracked by GPS.

"Everything is always monitored," he said. "Speed, braking, location — everything."

REAL ESTATE

Growing suburbs do not point to housing oversupply: Expert

Brodie Thomas
Metro | Calgary

Despite a weak economy, new homes are going up. But they're paid for, according to one expert. THE CANADIAN PRESS FILE

It's no big secret that Calgary's housing market is not doing so good right now.

Numbers released by Stats Canada on Monday showed the value of Calgary's building permits was down 46.5 per cent year-over-year from June 2015.

And monthly reports from the Calgary Real Estate Board have shown sales have been dropping for 20 straight months.

The city's own census figures showed only natural population growth without any net in-migration in the past year.

And yet developers are pushing ahead with greenfield developments across the city.

According to the 2016 Suburban Residential Growth Report, a total of 1,590 hectares of land for housing have approved land use and can accommodate a total of 60,578 housing units.

That's 20,136 single or semi units and 40,442 multi-units — or enough to keep the city on track for healthy growth for the next five to six years, according to the city.

And those numbers don't include proposed projects, such as plans to develop the Highland Park Golf Course.

How can that possibly jive with the sluggish economy? All is not as it seems, according to Guy Huntingford, co-CEO of the Canadian Home Builders Association-Urban Development Institute Calgary.

"The fear that we're overbuilding is a misnomer," said Huntingford.

He said people may imagine developers putting up a community, and then hoping to sell the homes, but the opposite is true.

"Developers don't build a bunch of spec homes — they only build what they've sold," said Huntingford.

"These are homes that are in the pipeline."

Huntingford said the development cycle in greenfield development is long — and you can't turn the tap on or off easily.

"The stuff you see in the pipeline now was approved years and years ago, and if you have the ability to turn the tap on or off to match the market, you will. But I don't think it would be fair to say what you see being built now is going to create all this over supply. That's not the case at all."

Electrical mess may cost billions

METRO EXPLAINS

Understanding energy deals, lawsuits and the 'Enron clause'

Tim Querengesser
Metro | Edmonton

Few expected ever to hear of Enron again, and fewer still for it to be connected to an Alberta government lawsuit against private companies and even Alberta's own electricity regulator.

But, well, welcome to Alberta news in 2016.

While headlines scream about government lawsuits against government agencies and billions in potential losses, the average Albertan is struggling to comprehend what's happening.

Metro has sifted through it all to help you better understand.

The latest on the mess

Recently, Alberta's Balancing Pool, a quasi-government agency that manages power-purchase agreements (PPA), has accepted Calgary's Enmax Corp's notice of the termination of its deal.

The decision, it appears, hinges on the so-called "Enron clause," which we'll explore later.

Note here, however, the government claims it came to know about this clause only in March.

It's also a clause that the government says could put all other PPAs in jeopardy, and mean Alberta would be on the hook for up to $2 billion in losses by 2020.

In July, the situation reached the surreal, when the NDP government filed a lawsuit against PPA holders, its own balancing pool and the Alberta Utilities Commission — formerly the Alberta Energy and Utilities Board.

It all goes to a trial in November.

Rewind: A primer on deregulation

At its root, the mess you're reading about is about electricity and profits.

Alberta started de-regulating its electricity market in the mid 1990s. By about 2000, plants producing electricity could sell it to private companies, which had to sign PPA arrangements with the provincial government for the right to buy, then sell, electricity to consumers at a profit.

Back in the late 90s, Alberta entrusted independent agencies to help draft these PPAs, and they were put into force by the provincial regulator in May 2000.

In August 2000, five PPAs were auctioned off.

A lawsuit against itself?

Yes, Alberta is suing Albertan agencies.

Essentially, the NDP government argues in its court filings that former government officials didn't follow rules for creating PPAs. Specifically, it argues the exit clauses that Enmax is allegedly trying to use to terminate its deal were "unlawfully" created. On Monday, government officials provided Metro with dozens of documents supporting these assertions.

Those documents include what effectively became the PPA laws in May 2000, as passed by the former Alberta Energy and Utilities Board.

They also include emails between Enron, the American power company that came to be synonymous with massive fraud, and Alberta officials.

Electricity and how we in Alberta buy it has been changing over the past few decades and now is at the centre of a government lawsuit. ISTOCK

The "Enron clause"

The clause is just the following phrase — "... or more unprofitable."

As the dossier shows, the phrase does not appear in the termination clauses for PPAs Alberta auctioned off back in 2000.

Where it does appear, however, is in a last-minute amendment to the PPAs authorized by AEUB chair Neil McCrank.

That followed, it appears, lobbying by Enron employees.

Emails shared by the government Monday show Enron employees boasting about getting better terms on the exit clauses thanks to their strong "relationship" with Alberta officials at the time. And that's where things get rather complex.

The government's argument

Why would a company want an exit clause for a PPA?

To protect it from government changes that could make it unprofitable to honour a contract to buy and sell power.

It seems Enmax is arguing the NDP's carbon levies will do just that. Enter the Enron clause — "or more unprofitable."

It essentially could mean that any government change that leads to any loss of profit gives a company an exit out of a PPA.

Deputy Premier Sarah Hoffman told Metro that there are many concerns with how this Enron clause came to exist.

She alleges it was not shared with the public or possibly even with other companies that bought PPAs.

Most importantly, she and the government question whether it holds legal weight. That's the thrust of the lawsuit.

Hoffman said the change to the PPA including the Enron clause was not gazetted — essentially published for the public to see — nor put through public consultation.

As a result, "It was unlawful," she said.

"The process that was undertaken, after the public hearings were completed, and the 11th-hour backroom lobbying with Enron, then writing it in and saying it was a regulation without going to cabinet... was highly suspect and that's why we don't think it was lawful.

"Who knew what, when, is one of the questions that hasn't been answered," Hoffman added.

"We don't even know if the companies knew about it. It's hard to say that the companies that were part of these PPAs in the first place knew about this."

What others are saying

But the Wildrose and many others have criticized the NDP for seemingly not understanding the PPAs or the effect new laws would have on them.

Calgary Mayor Naheed Nenshi, often a supporter of Premier Rachel Notley's government, even spoke out against the suit.

On Monday, Wildrose leader Brian Jean said in a press statement that the NDP "must stop misleading Albertans."

He argued the NDP is releasing documents as a "desperate" attempt to argue something inappropriate took place.

One thing is certain: You will be reading a lot more about this in the days ahead.

5GB of #ManCrushMondays
plus, unlimited Canada-U.S. Talk + Text.

$40/mo
for 10 months. Offer ends soon.

windmobile.ca
true mobile freedom
WIND

Learn more at windmobile.ca. Offer valid from August 2 to October 3, 2016, and is subject to change without notice. To be eligible for the $50 bonus, you must activate a new Pay Before or Pay After line on a plan with a monthly charge of at least $45. A $5 monthly credit will be applied to your account for up to 10 months to a maximum of $50. For Pay Before customers, the top-up will be applied on the second bill after activation. May not be combined with any other in-market offer, with some exceptions. All services subject to WIND's Terms of Service, Fair Usage and Internet Traffic Management Policies. Applicable taxes extra. Samsung and Samsung Galaxy S7 edge are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile.

CAUSES

Enbridge Ride to Conquer Cancer raises $6M

Lucie Edwardson
Metro | Calgary

No matter who you talk to, they'll tell you riding 200-plus kilometres in two days isn't easy. But, when the cause is worthwhile, pedaling your bike that distance takes on a whole new meaning — one that is close to heart for all who participate in the annual Enbridge Ride to Conquer Cancer.

"It's a big ride. You never really know how you're going to do until you do it. You get on your bike and do it, and it'll all be worth it," said breast-cancer survivor and two-time event participant Billie Richardson.

Richardson participated in her second Ride to Conquer Cancer over the weekend. She said two of her friends participated in 2014 after her diagnosis. "I was really touched by that," she said.

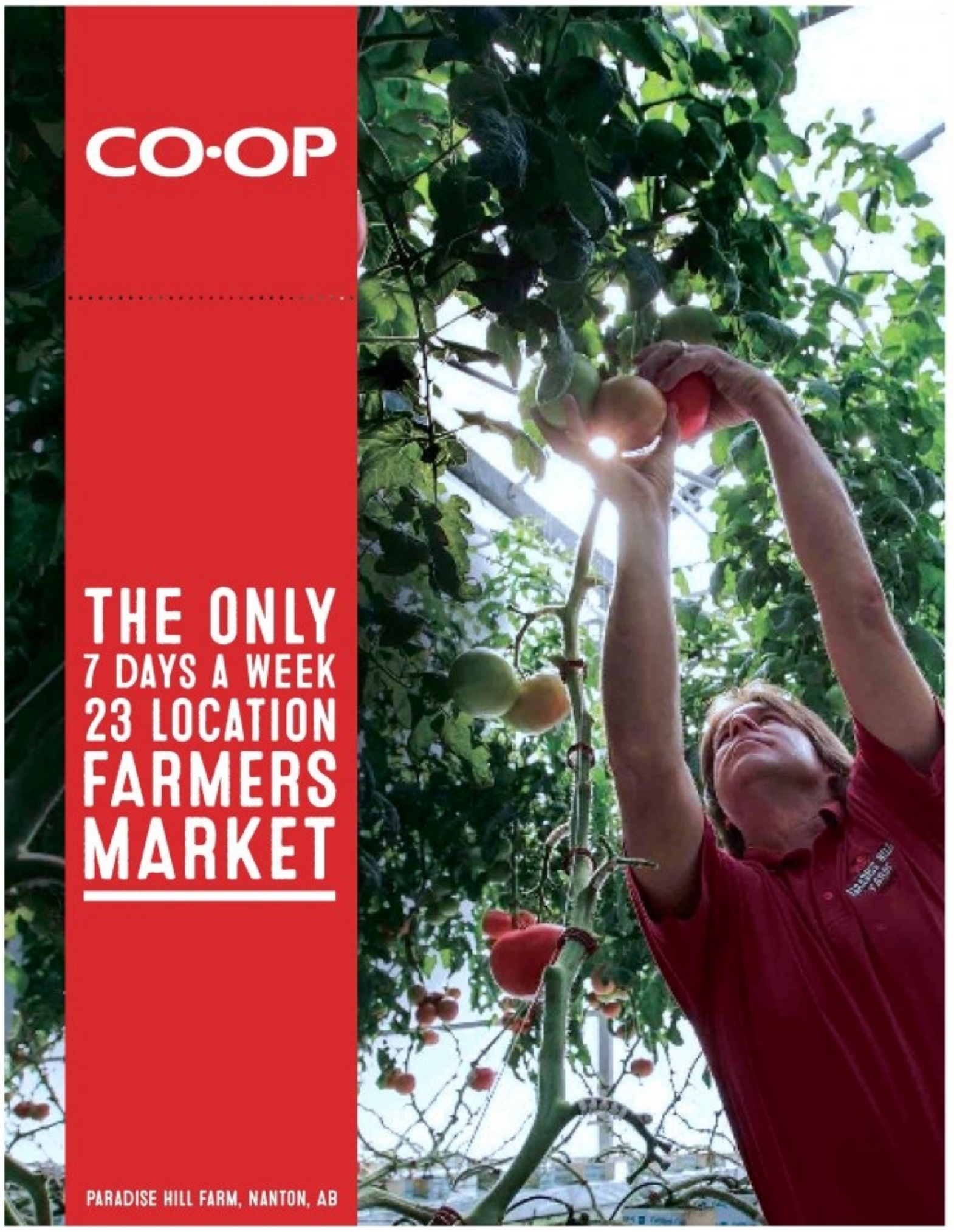
This year 1,402 participated in the ride and collectively raised $6.35 million to go directly to the Alberta Cancer Foundation (ACF).

Myka Osinchuk, CEO of ACF, has taken part in the ride for five years. She said it's an emotional experience, especially riding with people like Richardson who sport yellow flags on their bikes indicating they're cancer survivors.

Osinchuk said the money raised helps in numerous ways, including funding clinical trials and providing financial assistance for patients.

According to Osinchuk, 5,000 patients have been treated during clinical trials by the ACF, worth approximately $10 million, over the last five years.

Richardson, who was treated at the Tom Baker Cancer Center, knows firsthand how much the money raised can impact a patient's treatment experience. "The doctors and nurses there ... they want you to live. Those people are heroes," said Richardson, who has been in remission for nearly two years now.



Alicia Lunz, the VP academic at the Students' Union, is raising awareness about Open Educational Resources. HELEN PIKE/METRO

Students talk book burden

UNIVERSITY OF CALGARY

Leaders launch campaign for free, accessible alternative

Helen Pike
Metro | Calgary

Forking over scads of cash for textbooks is still a reality for most post-secondary learners.

But across Alberta, some student leaders are trying to open up other possibilities; ones that don't involve digging into student loans or dipping into the rent cheque.

Open Educational Resources aren't your traditional textbook. They're easily accessible and free-to-use licensed documents and have been adopted by some post-secondary educators as an alternative to books. But the practice isn't quite mainstream yet and hasn't been widely adopted in Alberta.

Alicia Lunz, the vice-president academic for the Students' Union at the University of Calgary, is launching a campaign to help educators and students get a better picture of their textbook spending tradition.

"Let's open up the conversation again about why it's important we continue to have provincial funding and how much money students are spending on textbooks," Lunz said.

"We want to show the students that if you want to have a different source for information, you can go to these websites, these books are already out there."

In September, students leaving the book store will be asked to show the sum on their receipt, after their textbook loot has been paid for, to show how much the texts are costing learners and what that money could have gone toward.

She got the idea from the University of British Columbia student union group, which had a similar campaign called #textbookbrokeBC.

In 2014, the Alberta Government allocated funds to the Alberta Open Educational Resources initiative, and more than 15 projects were funded with a chunk of the $2 million the PC government allocated as part of a "long-term" strategy. But according to Lunz, new projects will have to seek funding within their institution's budget.

"It's not like we need to create the OERs, because they're already out there," Lunz said. "The big issue is having them peer reviewed, because that's how you know they're a legitimate source, or Canadianizing a subject."

It's estimated Alberta students spend, on average, between $1,000 to $1,700 on textbooks each year.

Metro contacted the Advanced Education Ministry for comment, but no one was made available by press time.

CRESCENT HEIGHTS HOMICIDE

Police looking for witnesses to killing

A man found dead in Crescent Heights on Sunday was murdered, according to Calgary police.

At approximately 12:40 am on Aug. 7, police were called to an apartment tower located in the 300 block of 1st Avenue N.E. for reports that someone inside the building had been shot.

While searching the building, officers found a man with a gunshot wound inside one of the apartments. He died on scene.

An autopsy on the victim is still underway but police have determined that the man died as a result of a homicide.

The victim has been identified as Frank Dwayne Blomme, 55, of Calgary.

Police believe there may have been other people in the apartment at the time of the shooting and are asking any witnesses to come forward.

Investigators are assuring possible witnesses that their main priority in speaking to them will be solving this homicide, and they are not concerned with previous or outstanding criminal infractions by potential witnesses.

METRO

MINERS PEAK

Mounties find body of BASE jumper

RCMP say they've found the body of a BASE jumper who was reported missing in a mountainous area west of Calgary.

Police say a 34-year-old man was planning to jump off of a mountain outside of Canmore on Saturday.

"When the man did not return home, and attempts to contact him were unsuccessful, authorities were notified," said the RCMP in a news release. "Search efforts began on Saturday, and continue today with a number of co-operating agencies."

Mounties say the man's body was found Monday afternoon near Miners Peak.

BASE jumping is when a person jumps from a fixed structure or cliff using a parachute or wing suit.

It's considered more dangerous than skydiving due to the relatively low altitude of the jumps.

The man's name is not being released by the RCMP.

THE CANADIAN PRESS

> When the man did not return home, and attempts to contact him were unsuccessful, authorities were notified.
>
> RCMP in a news release

Entrepreneurs find success with T-shirts

FASHION

Idea started as a joke but turned into viable business

Mathew Silver
For Metro | Calgary

Sometimes the best ideas come from the most unlikely places.

For Calgarian entrepreneur John Ross, 22, the idea for his T-shirt company, Alberta Branded, came on the drive home from his cabin in British Columbia. And what started as a brainstorming session between friends quickly turned into a viable business.

"It started as a joke, and (the shirts) got over 100 pre-orders," said Ross.

After about a year and a half of modest success, Ross realized that he needed something to take the brand — which was called Alberta Lifestyle at the time — to the next level.

Enter Jeff Schidlowsky, a 23-year-old mechanical engineering student and former high school classmate of Ross' at Western Canada High School. The duo collaborated on a project in English 10 at Western, but didn't imagine they would become business partners in the future.

Jeff Schidlowsky, left, and John Ross are the minds behind Alberta Branded — a clothing line that taps into Albertans' patriotism. CONTRIBUTED

When Schidlowsky approached him with some updated designs, Ross says he was surprised but realized he had found his new artistic director.

Since then the company has built its identity around being a truly Albertan brand, incorporating the landscape, lifestyle, and spirit of the province into their design.

Ross says that their main goal is to give back to the community, and they did just that when fire blazed through Fort McMurray in May. Ross and Schidlowsky went from entrepreneurs to philanthropists, donating 100 per cent of their profits to the relief effort during the month.

"We wanted the message to be sent that we were doing everything we possibly could," said Ross.

The effort was particularly close to home for Schidlowsky, whose sister is a forest firefighter who was stationed near Fort McMurray during the disaster.

Now their product has landed in stores from Inglewood to Waterton, and their Instagram has accrued over 4,000 followers — a considerable following for a local brand that was built from the ground up.

Both of them are optimistic despite the downturn in the economy, and find the risk of starting a new company exciting.

"We are so young right now. There is only room to grow," said Ross.

5GB of #TransformationTuesdays
plus, unlimited Canada-U.S. Talk + Text.

$40/mo
for 10 months. Offer ends soon.

windmobile.ca

true mobile freedom WIND

Learn more at windmobile.ca. Offer valid from August 2 to October 3, 2016, and is subject to change without notice. To be eligible for the $50 bonus, you must activate a new Pay Before or Pay After line on a plan with a monthly charge of at least $45. A $5 monthly credit will be applied to your account for up to 10 months to a maximum of $50. For Pay Before customers, the top-up will be applied on the second bill after activation. May not be combined with any other in-market offer, with some exceptions. All services subject to WIND's Terms of Service, Fair Usage and Internet Traffic Management Policies. Applicable taxes extra. Samsung and Samsung Galaxy S7 edge are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile.

Afrikadey marks 25th anniversary

EVENTS

Culture festival celebrates art, beauty from the continent

Aaron Chatha
Metro | Calgary

Deputy Artistic Director Motola Dawodu said she's proud to program the 25th annual Afrikadey festival.

It's an important event to showcase the beauty of Africa — a side of the continent that the media all-too-often misses.

"Africa is a vibrant continent with lots to offer," said Dawodu. "The art that's coming out of Africa right now is amazing. For people to visualize some of the things Africa has to offer — and realize they have been offering so many things to the world for many years — is important for the world to see."

From Aug. 10 to 13, the festival brings together music, dance, food, art and education.

With all there is to see and do, Dawodu has a few recommendations.

On Wednesday, Ethiopian artist Moël will perform with his guitar. He was a winner in the organization's songwriting competition.

Later that evening will be a screening of an early African film — the Malian movie Yeelen.

On Thursday at artBox will be Guinean dance and a drumming concert.

Saturday, however, is the big show: a daylong music festival at Prince's Island Park.

"I'm really stoked," said Forrest Eaglespeaker, lead vocalist for The North Sound. "Playing festivals in general is an exciting time, but I looked at the list of other people playing, checked out the other music. It's so exciting; all the bands seem so good."

Eaglespeaker said having a number of diverse artists is one of the biggest selling features for Afrikadey.

"Music is such a universal language. You don't have to necessarily know what's been said to feel what's going on, you know? I feel like Afrikadey is especially good for that because it's a very rhythmic festival. A lot of the musicians I've seen are very rhythmic."

For a full schedule, visit afrikadey.com.

> **Music is such a universal language. You don't have to necessarily know what's been said to feel what's going on.**
> Motola Dawodu

Local band The North Sound, featuring Forrest Eaglespeaker, Chris Alvarez, Chris Metcs and Willy Garcia, will perform at Afrikadey music festival. COURTESY FORREST EAGLESPEAKER

NEW HEALTHCARE CENTRE NOW OPEN

FAMILY PRACTICE • WALK-IN CLINIC • PHARMACY • CLINICAL PROGRAMS

✓ New Patients Welcome!
✓ Open 6 Days A Week
✓ Pharmacy Open Late
✓ Sports Medicine Specialist
✓ Well Women's Clinic
✓ Multilingual Staff

We Speak English, Arabic, Hindi, Mandarin, Polish, Punjabi, Romanian, Russian, Ukrainian & Urdu

"Your one stop healthcare centre"

MCI THE DOCTOR'S OFFICE Amicus Remedy's Rx The Local Drug Store

MIDTOWN HEALTHCARE
1110 - 11 Avenue SW
South Calgary, T2R 0G4
T: 403 269 9488
Book An Appointment Today!

WE HAVE FAMILY DOCTORS ACCEPTING NEW PATIENTS

A newbie guide to Rocky Horror

SCREENING

Come do the time warp (again) during Pride Week

Aaron Chatha
Metro | Calgary

Last year's event — as is tradition — had audience members squirting water and covering their heads while it rained on-screen. COURTESY DIANE + MIKE PHOTOGRAPHY

A host from last year's screening at the Globe Cinema.
COURTESY DIANE + MIKE PHOTOGRAPHY

Give yourself over to absolute pleasure — again — as the Calgary Underground Film Festival screens once more the cult classic Rocky Horror Picture Show during Pride Week.

For those who have never partaken in the time-warping shenanigans before, a screening of the Rocky Horror Picture Show isn't like a regular movie screening. Mostly, it involves a ton of props. The annual showing tends to sell out quickly, but even if you've never seen the 41-year-old movie outside of your home — or at all — seeing the special audience participation screening is one of the most unique movie-going experiences out there.

"There's a bunch of other movies that tried to become the next Rocky Horror and come up with their own participation, and they're great, but they're never going to beat the first one," said lead programmer Brennan Tilley. "People have been doing this for 40 years now."

AUDIENCE PARTICIPATION

At the heart of it is the props package, which people can buy at the door for $10.

Included are items such as a newspaper, which moviegoers use to cover their heads when Janet steps out of the car in the film and uses a paper to cover her head in the rain.

This is important, because audience members are also given water pistols to create a rainstorm in the theatre. There are also noisemakers for Frank's speech, toilet paper to be tossed around when Dr. Scott enters the lab and pieces of toast when Frank proposes a toast at dinner.

Near the end, there's a moment were everyone throws a deck of cards into the air. That's a full deck from each of the 150 people in the audience.

"The cleanup is longer than the runtime of the film," laughed Tilley.

For first-timers, there are cues for the audience to use the props. They're also invited to come up and dance to the Time Warp (again).

A LOOK BACK

The original Rocky Horror Picture Show was released in 1975; that's 41 years ago. The plot follows a newly married couple after their car breaks down in an isolated area.

Looking for help, they come upon the bizarre residence of Dr. Frank-N-Furter.

The young couple is played by Barry Bostwick and Susan Sarandon, and the famous Dr. Frank-N-Furter role is inhabited by Tim Curry.

Over the years the film has garnered an incredible cult following thanks to the off-the-walls plot, catchy songs and representation of character types not often seen in popular media, such as Frank, who is transsexual.

The audience participation aspect grew out of the fandom for the movie, which was often featured as a midnight showing.

PRIDE WEEK

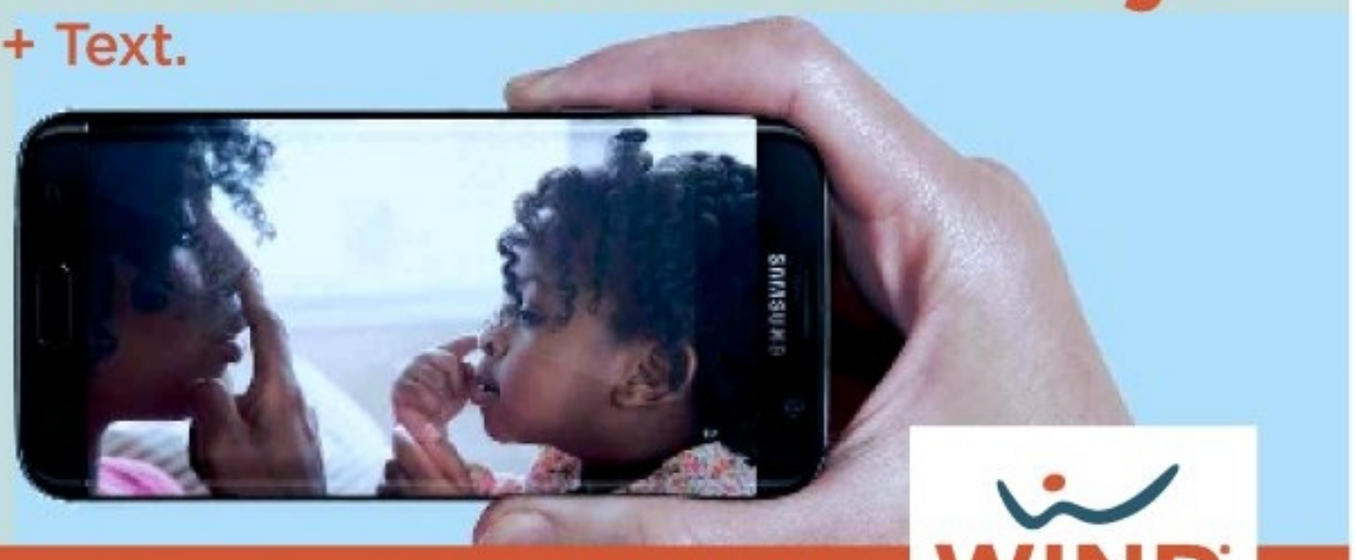
Although often associated with Halloween viewings, due to the costumes, Tilley said the film has proved to be a huge smash during Pride Week. This is mostly due to the film's content and themes.

"It's a film about being yourself," he explained.

"There's not shame associated with anything at Rocky Horror; there's no judgement. It opens us up to people participating how you want to participate."

Tickets are on sale through calgaryundergroundfilm.org. The film screens Sept. 4 at the Globe Cinema.

5GB of #WomanCrushWednesdays
plus, unlimited Canada-U.S. Talk + Text.



$40/mo
for 10 months. Offer ends soon.

windmobile.ca
true mobile freedom
WIND

Learn more at windmobile.ca. Offer valid from August 2 to October 3, 2016, and is subject to change without notice. To be eligible for the $50 bonus, you must activate a new Pay Before or Pay After line on a plan with a monthly charge of at least $45. A $5 monthly credit will be applied to your account for up to 10 months to a maximum of $50. For Pay Before customers, the top-up will be applied on the second bill after activation. May not be combined with any other in-market offer, with some exceptions. All services subject to WIND's Terms of Service, Fair Usage and Internet Traffic Management Policies. Applicable taxes extra. Samsung and Samsung Galaxy S7 edge are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile.

QUEBEC

Zoo employee mauled by lion in stable condition

A lion at Quebec's Granby Zoo attacked an employee Monday, fracturing her backbone, the head of the facility said.

The woman, in her early 20s, was in hospital in stable condition but zoo director Paul Gosselin called her injuries "severe."

He said the zoo is still investigating the circumstances of the attack.

The employee had been performing the morning preparation routine at about 9 a.m. in the lion den, home to the zoo's three lions, when one of them attacked her, Gosselin told reporters.

A second employee sprayed the lion with water from a hose and managed to distance the animal from the injured woman.

"What we know is that she suffered a cervical fracture and a few lacerations," Gosselin said. "She is stable and was conscious throughout the whole intervention, from the time emergency crews got here to her transportation to hospital."

3

Number of lions currently residing at Quebec's Granby Zoo, 80 kilometres east of Montreal

Gosselin said the employee had been working at the zoo since 2011 but he didn't know how long she had been responsible for the lions.

The park remained open but the three lions were confined to their interior grounds, which are not visible to the public.

"The zoo is one big family and when something like this happens we are all affected by it," Gosselin said, adding the zoo has offered counselling to employees who need it.

Quebec's workplace safety board was notified of the attack.

Granby is 80 kilometres east of Montreal. THE CANADIAN PRESS

A pair of cyclists head into Halifax along the Chain of Lakes trail. The province has taken the drastic step of prohibiting all travel in wooded areas across Nova Scotia. JEFF HARPER/METRO

Nova Scotia bans travel in forests

PUBLIC SAFETY

Province issues measure to reduce risk of wildfires

To cut the risk of wildfires, the provincial government is taking the extraordinary measure of putting in place travel restrictions to keep people out of Nova Scotia's forest for two weeks.

"This means that all travel and activity within the woods is restricted, including hiking, camping and the use of off-highway vehicles," Natural Resources Minister Lloyd Hines said in an Aug. 8 media briefing concerning tinder-dry conditions in the province.

The province says the idea is if there are fewer people in the forests, it reduces the chance of unintentional ignition of fires.

The ban — which does not apply to provincial and private campgrounds and beaches — is effective as of noon Tuesday, and will last for two weeks.

The travel restriction applies to the entire province, Hines said, because with limited firefighting resources officials cannot risk wildfires starting up in other parts of the province.

This past weekend, three wildfires were being fought in western Nova Scotia: two in Annapolis Valley and one in Queens County. Wildfires in Maitland Bridge and Greenfield are now contained and mapped at about 21 hectares and five hectares respectively, according to a provincial release.

The most serious of those fires is the Seven Mile Lake fire in Annapolis County, which was 90 hectares on the weekend, but has since increased to around 140 hectares due to winds.

"We've had great success with our citizens in the province who understand the situation. We are asking them for help and understanding and co-operation in this process," the minister said.

If you are the owner of a cottage or camp, you are permitted to access what is on your property. But if you need to cross someone else's property to access your own, then you need permission from the landowner.

But if you want to visit tourist attractions such as Balancing Rock or Cape Split and you need to trek through the woods to get to them, then you're out of luck.

Hiking trails in woods are off limits.

The minister said he recognizes this is an inconvenience, but he said there are still lots of other attractions that people, both Nova Scotians and tourists, can visit.

It is very expensive to fight wildfires, it was noted during the media briefing. The minister said the cost to the province can range up to $200,000 a day.

TINA COMEAU/TC MEDIA

"We've had great success with citizens in the province who understand the situation."
Natural Resources Minister Lloyd Hines

SOUTH TRAIL KIA
LOCATED AT:
130TH AVE. JUST EAST OF 52ND St.
UP TO $7,777 IN CASH DISCOUNTS ON SELECT MODELS
MAXIMUM DISCOUNT ON OPTIMA HYBRID
OR
FINANCING AS LOW AS 0% UP TO 84 MONTHS ON OTHER SELECT MODELS
SOUTH TRAIL KIA
KIA PROTECT
Job Loss Protection
Kia will pay the cost of Job Loss Insurance that will cover up to 6 months of your first year's lease or finance payments – to a maximum of $3,000 – in the event that you lose your job. Conditions apply. See your retailer for complete details.
PERFECT STORM
MINOR HAIL, HUGE SAVINGS
TOTAL DISCOUNTS UP TO $11,000 ON SELECT MODELS
2016 SORENTO LX
STK: GG163856
MSRP: $29,535 =$25,535
SAVE $4,000 Including loyalty or Conquest Bonus
FINANCE $77 /WEEKLY
LEASE $71 /WEEKLY
Stk#G6773391
2016 RIO 5 LX
MSRP $16,640 SAVE $4,000 including Loyalty or Conquest Bonus
FINANCE LEASE
=$12,640 $40 /WEEK $35 /WEEK
Stk#G7870272
2016 SOUL LX
MSRP $19,035
FINANCE LEASE
=$19,035 $50 /WEEK $41 /WEEK
Stk#G5483454
2016 FORTE LX A/T
MSRP $20,440 SAVE $4,000 including Loyalty or Conquest Bonus
FINANCE LEASE
=$16,440 $51 /WEEK $44 /WEEK
Stk#G6217567
2016 SEDONA L
MSRP $29,735 SAVE $750 including Loyalty or Conquest Bonus
FINANCE LEASE
=$28,985 $82 /WEEK $87 /WEEK
Largest Kia Dealership in Western Canada
20 Car indoor showroom - see entire line up inside
20 Service bays
We are now open + We want a chance to win your business!
OIL CHANGES
STARTING FROM: $39 + GST
Visit us at www.southtrailkia.com | 587.349.7500 | OFFER ENDS AUGUST 31ST
5 YEAR 100,000 KM WARRANTY
WE'VE GOT YOU COVERED
KIA The Power to Surprise
Vehicle may not be exactly as illustrated. Vehicle prices and payments include all fees and dealer added accessories but not GST. Vehicle price may be negotiated in lieu of total damage repair. Hail damage may vary depending on the vehicle see dealer for details. All purchase payments are based on 84 months financing and are O.A.C. All lease payments are based on 60 months lease with a 16,000km allowance per year – additional kms may be purchased. Purchase interest rate on 16 Rio, 16 Soul, and 16 Sorento all based on 0%. 16 Sedona based on 0.90%. 16 Forte based on 2.49%. Example of cost of borrowing on 16 Rio would be $0. Lease interest rate on 16 Rio, 16 Soul, and 16 Forte are 0%. 16 Sorento is 0.90%. 16 Sedona is 3.00%. $200/$750 Loyalty or Conquest bonus applies only for a list of eligible vehicles and they cannot be combined, see dealer for details. Total discount up to $11,000 includes $6,777 trading dollars, $750 loyalty/conquest bonus and $3,473 hail damage discount on 16 Optima Hybrid. All promotions expire at end of week of publication of advertisement. See dealer for details.

Sailing the world in 300 days

TRAVEL

Ottawa man leaves for solo adventure in 30-foot cutter

Emma Jackson
Metro | Ottawa

What do you do when you're burnt out, tired of your job and ready for something new?

Drop everything and sail solo around the world, of course.

At least, that's what you do if you're Ottawa sailor Chris Fournier, who leaves from Montreal on Tuesday on a 300-day solo trip in his 30-foot cutter, Little Sark.

Having grown up sailing, Fournier had always dreamed of taking the perilous global journey some day.

"You get to a certain point in your life and ... a bolt of lightning hits you on the head and you remember the dream," Fournier said. "I'm free and I wanted to do it before I'm 50. Sometimes you just have to kind of make the decision."

Chris Fournier sits on his sailboat, Little Sark, as he prepares to sail non-stop around the world.
JUSTIN TANG/FOR METRO

He's not planning to touch land along the way, so he's on his own the entire time.

It's the ultimate survival test: he'll have to problem-solve on the fly, and when the going gets tough he'll have to decide to ride it out or abandon ship.

"Survival is really down to my hands," he said.

Fournier has outfitted his boat with an extra mast for better balance, and has gathered hundreds of pounds of food and drinking water. His e-reader is fully loaded.

Fournier will follow the traditional tall ship route, passing by the Cape of Good Hope near South Africa, Cape Leeuwin at the south-west corner of Australia, and Cape Horn near Chile.

> **Sometimes you just have to kind of make the decision.**
> Chris Fournier

Pirates and icebergs are still a risk, but Fournier said this longer route has less of them. He'll also have the wind at his back.

Still, it's a risky business. Three other Canadians have tried and failed to complete the journey. One of them, Gerry Roufs, was lost at sea during his attempt in 1997.

But Fournier's not thinking about that yet.

"You kind of focus on the here and now and worry about the fear later," he said.

Fournier's just excited to leave this hectic, smartphone-centric world behind.

You can follow his journey at www.sailor.life.

SOCIAL MEDIA

Grégoire Trudeau on breast feeding

Prime Minister Justin Trudeau's Twitter account is drawing attention to World Breastfeeding Week with a photo of his wife and their son.

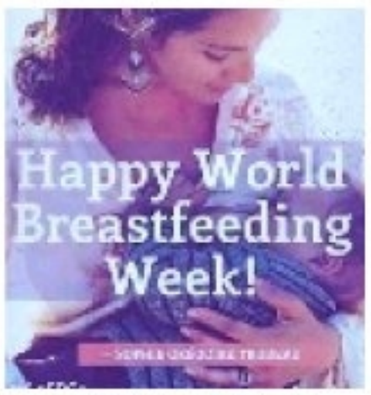
The tweet includes a photo of Sophie Grégoire Trudeau breast-feeding their youngest son, Hadrien, and the message: "This World Breastfeeding Week, let's support mothers to breastfeed anytime, anywhere. — SGT #WBW2016"

There's no mention of when the picture of was taken.

Breastfeeding is touted as "a key to sustainable development," in a joint release from UNICEF and the World Health Organization.

The release quotes from a series on breastfeeding from the respected medical journal The Lancet published last January, noting the series "argues that improving breastfeeding practices makes the world healthier, smarter, and more equal."

TORSTAR NEWS SERVICE



Sophie Grégoire Trudeau with son Hadrien. TWITTER

Monica Werthner
COURTESY 580 CFRA

OTTAWA

Woman kicked off bus over crop top

Ottawa's public transportation system is apologizing after a young woman was kicked off the bus for showing her midriff.

"We're not here to judge people on how they dress," said OC Transpo's general manager John Manconi. "We can all agree that as a city that's not what we're about."

That wasn't Monica Werthner's experience after she was kicked off the bus on Sunday afternoon on her way to work.

She had just put her tickets in the machine when a female driver told her the crop top and jogging pants she was wearing were "vulgar."

The driver made Werthner, 18, get off the bus.

Werthner didn't argue, and left the bus without first getting a transfer — leaving her stranded and late for work.

After the bus pulled away, Werthner said what happened sunk in.

"I was really embarrassed and kind of frustrated," she said. "I didn't understand why I would have gotten kicked off for what I was wearing."

Neither does OC Transpo, which is investigating the incident. EMMA JACKSON/METRO OTTAWA

5GB of #ThrowbackThursdays
plus, unlimited Canada-U.S. Talk + Text.

$40/mo
for 10 months. Offer ends soon.

windmobile.ca
true mobile freedom
WIND

Learn more at windmobile.ca. Offer valid from August 2 to October 3, 2016, and is subject to change without notice. To be eligible for the $50 bonus, you must activate a new Pay Before or Pay After line on a plan with a monthly charge of at least $45. A $5 monthly credit will be applied to your account for up to 10 months to a maximum of $50. For Pay Before customers, the top-up will be applied on the second bill after activation. May not be combined with any other in-market offer, with some exceptions. All services subject to WIND's Terms of Service, Fair Usage and Internet Traffic Management Policies. Applicable taxes extra. Samsung and Samsung Galaxy S7 edge are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile.

LGBTQ ISSUES

Uganda to curb gay pride activities

Uganda's government said Monday it "will continue to suppress" the public activities of homosexuals and that a rehabilitation program had been developed to allow them to "lead normal lives again."

Ugandan police last week arrested about 20 people attending a gay pride event at a nightclub in the capital, Kampala. They were questioned and released hours later, although some said they had been assaulted by police officers.

Simon Lokodo, a Ugandan minister in charge of ethics and integrity, told reporters that gay pride activities are being organized "with the influence of some foreign forces" he didn't name. He also accused gay people of trying to promote themselves.

Homosexuality is criminalized in Uganda, as in many African countries. A colonial-era law proscribes such sex acts "against the order of nature." Gay leaders say the LGBTQ community faces discrimination, violence and extortion.

Frank Mugisha, a prominent gay rights leader in Uganda, said on Twitter that LGBTQ Ugandans will continue to hold public events despite Lokodo's order.

Lokodo, a former Catholic priest who condemns homosexuality, has previously been accused of leading efforts to foil the public activities of LGBTQ Ugandans.

He said a program has been developed to "rehabilitate members of the LGBTQ community, with the ultimate aim of giving them a chance to lead normal lives again."

Many Ugandans say they despise homosexuality and believe it is imported from the West.

THE ASSOCIATED PRESS

IRAQ NEIGHBOURHOODS LEVELLED Iraqi police officers ride a motorbike in central Ramadi, Iraq, in March, weeks after fierce battles between Daesh militants and Iraqi security forces for control of the city. Two years ago, after the fall of Mosul, a Daesh push deeper into Iraq's Kurdistan region triggered Iraq's Peshmerga forces to retreat and the U.S.-led coalition to drop the first airstrikes in the fight against the militant group. Since then coalition planes have dropped more than 9,400 bombs on Iraq. The munitions, often called in to closely support advancing forces on the ground, have dramatically changed the fight against Daesh, allowing Iraqi forces to slowly claw back cities, towns, supply lines and infrastructure. But the fight, which continues to be largely waged from the air, has also levelled entire neighbourhoods, displaced millions and redrawn the Iraqi map. THE ASSOCIATED PRESS FILE

Young African-Americans fear white extremism more

TERROR ATTACKS

Survey shows widespread anxiety among young people

The threat of violence by people inspired by foreign extremists invokes fear in a majority of young Americans across racial groups. But for young people of colour, particularly African-Americans, that fear is matched or surpassed by worries about violence from white extremists.

A new GenForward poll of Americans age 18-30 shows widespread anxiety among young people about attacks from both inside and outside the United States.

Sixty-two per cent of young African-Americans and 55 per cent of Hispanics surveyed said they were very concerned about the threat of violence committed by white extremists, compared to one-third of whites and 41 per cent of Asian-Americans.

GenForward is a survey by the Black Youth Project at the University of Chicago with the Associated Press-NORC Center for Public Affairs Research.

Worry about attacks from people currently living in the U.S. who are motivated by foreign extremists spreads more evenly across racial groups, with at least half of whites, blacks, Asians and Hispanics describing themselves as very concerned about that threat.

64%

Percentage of young white Americans who said they oppose Donald Trump's call for a temporary ban on any Muslim who isn't a U.S. citizen from entering the U.S.

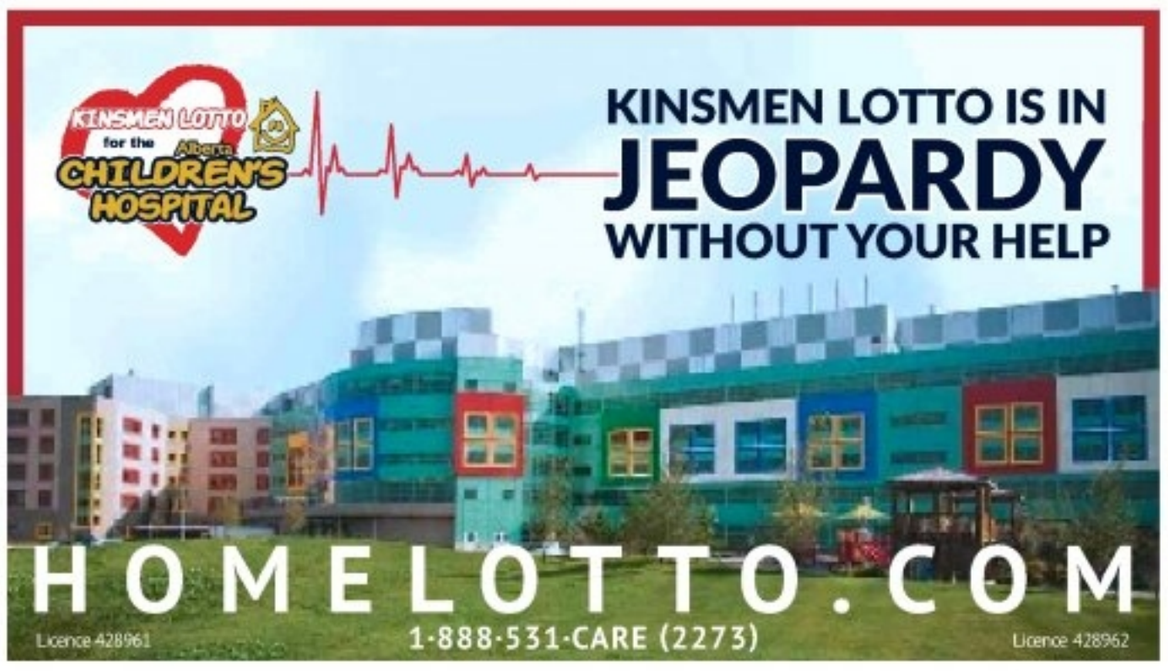
Violence committed by people from outside the country also caused unease, especially among Hispanic young adults. Fifty-six per cent of Hispanics polled said they were very concerned, compared to 49 per cent of African-Americans, 40 per cent of Asian-Americans and 41 per cent of whites.

Terrorism concerns have young Americans across racial groups largely in agreement that some rights and freedoms should be sacrificed in efforts to prevent an attack. Eleven per cent of all young adults polled said they believe such sacrifices are always necessary, while 54 per cent said they're at least sometimes necessary.

But most young people said Republican presidential candidate Donald Trump's calls to temporarily ban Muslims from coming to the U.S. goes too far.

More than two-thirds of those surveyed said they oppose a temporary prohibition on any Muslim who isn't a U.S. citizen from entering the country: 64 per cent of whites, 66 per cent of Hispanics and 79 per cent of African-Americans and Asian-Americans.

THE ASSOCIATED PRESS



FRAUD

Ukrainian man who faked age for high school pleads guilty

A 23-year-old Ukrainian man accused of faking his name and age while attending a Pennsylvania high school and having sex with an underage girl pleaded guilty Monday.

Artur Samarin entered the plea to a number of fraud and sex charges, which carry penalties of up to 40 years in prison and $90,000 US in fines. Sentencing is scheduled for September.

He also faces federal fraud charges and could be deported.

Samarin, who called himself Asher Potts, is accused of having sex with a 15-year-old girl when he was 22.

He had impressed teachers and community leaders while attending John Harris High School in Harrisburg and had been accepted into a college in Florida before authorities concluded he was considerably older and was a Ukrainian citizen who overstayed a student work visa.

THE ASSOCIATED PRESS

Artur Samarin.
THE ASSOCIATED PRESS

SAN FRANCISCO

Pokémon Go player shot dead

A 20-year-old man was shot to death while playing Pokémon Go at a tourist attraction along San Francisco's waterfront, authorities and a family friend said.

Calvin Riley was shot Saturday night by an unknown assailant at Aquatic Park near Ghiradelli Square, the U.S. Park Police said Sunday.

A family friend told KGO-TV Riley and a friend were playing the hit mobile game when he was shot. "From what we know there was no confrontation. There was nothing said back and forth. It was just senseless, just came up and shot in the back and ran away for nothing," John Kirby said.

Sgt. Robert Jansing, a detective with the U.S. Park Police, said the gunman did not take any of Riley's belongings or try to rob him. THE ASSOCIATED PRESS

IN BRIEF

70 dead in Pakistan suicide attacks

Pakistani militants struck at the heart of the country's legal profession on Monday, killing a prominent attorney and bombing the hospital where dozens of other lawyers had gathered to mourn. The attacks killed at least 70 people, most of them lawyers, authorities said. A breakaway faction of the Pakistani Taliban claimed responsibility for the attacks in Quetta, capital of Baluchistan province. THE ASSOCIATED PRESS

Young women from Pennsylvania's Amish community ride a horse and carriage on July 23, through Lancaster County. On the outskirts of a town called Intercourse, an entire community of people has survived this election season with its eardrums' chastity never once penetrated by the sound of Donald Trump's voice. ALEX PANETTA/THE CANADIAN PRESS

Amish pulling for a Trump victory

U.S. ELECTION

Community has so far been spared video of campaign

On the outskirts of a town called Intercourse, an entire community has survived this election season with the chastity of its eardrums never penetrated by Donald Trump's voice.

Many Amish have never heard him speak. They've read newspaper articles about him, learned about him through word-of-mouth, but have never had the full sensory experience because their traditionalist faith forbids TV, radio and the web.

So the reactions are spontaneous and physical when a reporter visits and attempts to impersonate the candidate.

"That's a little too much bragging," says a young woman at a bookstore counter. "Usually when people think too much of themselves, that's when it all goes downhill."

Residents won't let their names be printed. Modesty is so central to the Amish way of life that people in this Pennsylvania community won't be photographed, won't linger before mirrors and avoid media.

But here's a shocker — most are pulling for Trump.

The Amish are conservative — so they support Republicans against a party they associate with abortion, homosexual rights. Another factor frequently comes up in conversation: Hillary Clinton is a woman.

"No Amish is going to vote for Hillary," says a man in the library. "No one wants a woman president. ... What does Bill think about his wife running for president?"

The estimated 70,000 Amish in Pennsylvania could be a powerful voting bloc. But there's just one problem — the Amish don't vote. An estimated five per cent cast ballots in the last election. THE ASSOCIATED PRESS

TEXAS

Family of teen who made clock files suit

The family of a Muslim boy who was arrested after bringing a homemade clock to school filed a federal lawsuit Monday against Texas school officials and others, saying the incident violated the 14-year-old boy's civil rights, prompted death threats and forced them to leave the United States.

The lawsuit was filed on behalf of Ahmed Mohamed, who was arrested at his suburban Dallas high school in September and charged with having a hoax bomb. He says he brought the homemade digital clock to school to show his teacher.

Irving police later dropped the charge, but he was still suspended for three days. He never returned to the school; his family opted to have him take classes elsewhere.

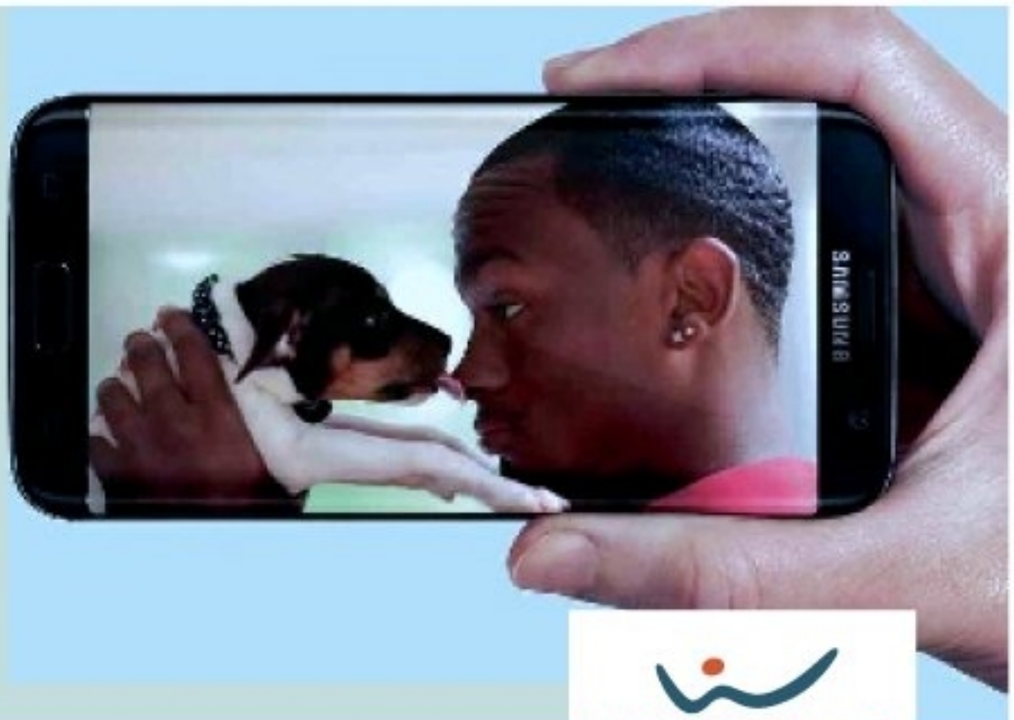
The lawsuit names Irving Independent School District, the city of Irving and the school's principal, and asks a jury to determine the damages. In November, the family asked the district and city to pay $15 million or else face a suit.

THE ASSOCIATED PRESS

Ahmed Mohamed and his clock THE ASSOCIATED PRESS

5GB of #FurBabyFridays
plus, unlimited Canada-U.S. Talk + Text.

$40/mo
for 10 months. Offer ends soon.



windmobile.ca

true mobile freedom

WIND

Learn more at windmobile.ca. Offer valid from August 2 to October 3, 2016, and is subject to change without notice. To be eligible for the $50 bonus, you must activate a new Pay Before or Pay After line on a plan with a monthly charge of at least $45. A $5 monthly credit will be applied to your account for up to 10 months to a maximum of $50. For Pay Before customers, the top-up will be applied on the second bill after activation. May not be combined with any other in-market offer, with some exceptions. All services subject to WIND's Terms of Service, Fair Usage and Internet Traffic Management Policies. Applicable taxes extra. Samsung and Samsung Galaxy S7 edge are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile.

Vail makes $1.4 billion bid for Whistler Blackcomb

TAKEOVER

Deal will give ski resort access to cash to grow status

The friendly takeover of Whistler Blackcomb Holdings by an American mountain resort operator is all about long-term stability, says the head of the popular British Columbia ski destination.

Whistler Blackcomb's David Brownlie said Monday the deal with Colorado-based Vail Resorts, totalling nearly $1.4 billion, will give the ski resort access to both the money and the markets it needs to grow its status as one of the world's leading, year-round ski havens.

"We think that working with Vail will accelerate our business plan and we're excited to move forward with it," Brownlie said in an interview.

Whistler Blackcomb pulled the curtains back earlier this year on an ambitious, $345-million expansion project, dubbed the Renaissance plan, to build more weather-independent facilities, improve on-mountain infrastructure and expand real estate offerings.

Vail Resorts CEO Rob Katz said he is committed to expanding the all-season resort, which is located about 125 kilometres north of Vancouver.

The purchase had nothing to do with the low value of the Canadian dollar, he added.

"Everything in the ski industry is about the long term and we know that very well," Katz said. "We think about things in the next 10 or 20 years, and currencies go up and down."

Officials at Whistler Blackcomb say that Vail Resorts' takeover will help the British Columbia ski destination grow its status as one of the world's leading, year-round ski havens. THE CANADIAN PRESS

Vail's financial support and broad network of customers will go a long way to boosting business at Whistler Blackcomb, he said.

"We have felt for a long time that Whistler Blackcomb is really the best positioned North American resort to benefit from the growth that we expect in outbound Chinese ski visitation, especially as China starts to ramp up towards the 2022 Beijing Winter Olympics," said Katz.

"For our company to have a strong entree into that opportunity is meaningful."

> **Everything in the ski industry is about the long term.**
> Vail Resorts CEO Rob Katz

Brownlie added that he hopes the transaction will help Whistler Blackcomb make inroads into the eastern seaboard of the U.S., as well as Latin America, especially Mexico.

The federal government recently lifted visa requirements for Mexicans visiting Canada.

Vail Resorts operates nine mountain resorts and two ski areas in the U.S. and Australia, meaning the Whistler Blackcomb sale would be its first foray into Canada.

Whistler Blackcomb is the largest and most visited ski resort in North America.

When it opened in 1966, the Whistler resort featured a four-person gondola, a double chairlift and a day lodge. It has since grown to become one of the premier ski destinations in North America, serving as a host site for the Olympic Winter Games in 2010.

THE CANADIAN PRESS

IN BRIEF

TransCanada tells panel Energy East pipeline safe

TransCanada Corp. stressed its commitment to the safety of oil shipments as three days of hearings into the proposed $15.7 billion Energy East pipeline project opened in New Brunswick on Monday. John Van der Put, vice-president of eastern oil pipeline projects for TransCanada Corp., told a three-member National Energy Board panel that the project is "the safest and most environmentally responsible way" to transport crude oil from Western to Eastern Canada. THE CANADIAN PRESS

Feds looking into financial side of soda pop tax

The federal government has weighed the pros and cons of a financial deterrent aimed at shrinking bulging waistlines: a tax on soda pop. Finance Minister Bill Morneau's office requested an analysis to explore the "issues and impacts in respect of a potential tax on soft drinks."

THE CANADIAN PRESS

market minute

DOLLAR
75.97¢ (+0.01¢)

TSX
14,755.62 (+106.85)

OIL
$43.02 US (+$1.22)

GOLD
$1,341.30 US (-$3.10)

NATURAL GAS: $2.75 US (-2.0¢)
DOW JONES: 18,529.29 (-14.24)

$100 TUITION BURSARY **
MEDICAL SECRETARIES EARN A MEDIAN WAGE OF
$26.98/HR*
ASK ABOUT EVENING CLASSES!
Reeves College's Medical Office Administration program will prepare you for a rewarding career as a medical secretary, transcriptionist, and more. Apply today!
studyMOA.reevescollege.ca
1-800-533-1457
REEVES COLLEGE
**Certain Restrictions Apply. Contact Campus for Info.
REEVES COLLEGE ALSO OFFERS PROGRAMS IN:
ADDICTIONS & COMMUNITY SERVICES WORKER | ACCOUNTING & PAYROLL ADMINISTRATION | BUSINESS ADMINISTRATION MANAGEMENT | AND MORE!
*jobbank.gc.ca

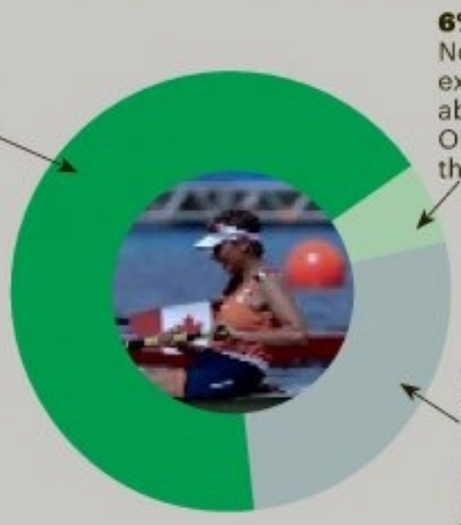
metro VIEWS
Your essential daily news
Tuesday, August 9, 2016

METRO POLL

Do you have Olympic-size worries?

Brazil is a mess. The congress is trying to oust the president. There's a potentially dangerous level of human sewage in the water where aquatic events are taking place. The Olympic Village is shoddy, and thanks to the worst recession in generations, public institutions have ground to a halt because the government can't afford to pay wages. And that's not to mention the Zika virus. We asked our readers if these issues have tarnished the Olympics' golden glow.

1 Have all the issues in Rio reduced your interest in the 2016 Summer Olympics?


67%
Yes, my concerns have reduced my interest.
6%
No. I'm more excited about the Olympics than ever!
27%
The problems haven't changed how I feel about the Olympics.

WE ASKED Metro readers

How much taxpayer money is wasted on this commercial venture?

The Olympic committee doesn't give a damn about the issues for the athletes, as long as they have a city that will host.

The Olympics will be fine despite Brazil's problems.

It doesn't sound like a safe place for anyone right now, medically and politically. It's not a place to be hosting a global event at this time.

Latrine Bay scares the crap out of me!

Olympics should be held in the same place every four years. The cost to countries to host this event is horrendous.

I want to see everyone support the dreams of our children. Don't take their dreams away with negativity.

visit metronews.ca
HAVE YOUR SAY

We've no right to gloat about a job half-finished

KLASZUS' CALGARY

Jeremy Klaszus

Let me say this from the outset: I don't mean to complain or gloat.

But when it comes to building bike and pedestrian infrastructure — making streets for people, not just cars — it has been interesting to observe the boiling frustration in Edmonton.

Despite the election of a young, bike-friendly mayor, Don Iveson, in 2013, Edmonton has made no progress on bike infrastructure.

Edmonton has actually removed painted lanes. It took an architectural and historical jewel, the High Level Bridge, and squeezed its already narrow pathways even tighter with a badly-designed suicide prevention fence.

The last decade (in Calgary) has seen big leaps toward better streets and public spaces.

A recent road rage incident, captured on video, in which a driver got out of his truck and shouted a racial slur at an Edmonton cyclist, further illustrated the tensions in that city.

Some Edmontonians frustrated by their city's lack of progress have looked with begrudging envy toward Calgary, with our downtown cycle track network and pedestrian/bike bridges.

Perhaps it's appropriate that Calgary's newest cycle track is on Edmonton Trail, the southernmost end of the historic route that connected the two cities in the frontier days.

The new cycle track doubles as a challenge to our northern neighbour: you can do better.

But Calgarians shouldn't get too smug.

Edmonton may be Canada's do-nothing city when it comes to making streets more people-friendly, but Calgary is still a city of half-measures.

In the right direction, but half-measures nonetheless.

I was reminded of this last month when returning from vacation, entering the city after a long drive from Vancouver.

There we were, cruising along on Memorial Drive admiring the Peace Bridge, when a group of people strode out in front of us.

A car in the right lane had stopped, so we (in the left lane) had to stop too to avoid hitting the pedestrians.

This has become routine at this spot. In the absence of a proper crossing by the Peace Bridge, people just walk in front of traffic.

That's Calgary for you: Build an impressive $25-million bridge that everyone flocks to, but don't build a proper crosswalk for it.

The Peace Bridge is a win for the city, but it's a job half finished. We install a network of downtown cycle tracks, but not permanent ones. It's a pilot. It's halfway there.

It doesn't link up with some key pathways and routes out of the core, leaving weird and annoying gaps.

City council has approved a pedestrian strategy, but balked at a key element: reductions in residential speed limits, something that cities such as Seattle and New York City have embraced. (This is slated to come up at council again in the fall.)

Calgarians have much to be grateful for. The last decade, even the last five years, have seen big leaps toward better streets and public spaces.

But we haven't arrived yet.

Jeremy Klaszus is a Calgary-based freelance journalist and stay-at-home dad.

ROSEMARY WESTWOOD

Welcome to the 2016 Sexism and Objectification Games

Every two years, men around the world get a good look at the buttock creases of elite, highly-trained and supremely fit women who could clock them before they finish the sentence "Nice ass."

Call it the Ogling Games. In only the last few days:

- The Toronto Sun celebrated a silver medal by proclaiming diver Penny Oleksiak "pretty" in a splashy front page (yes, I get it; yes, it's both lazy and sexist).
- 24 Hours ran a "Sex with a side of gold" headline, featuring a nice wide shot of female swimmers' backsides and a sidebar noting volleyball and tennis are among the sexiest sports "not just for their sexy bodies and great personalities but also for the cute outfits they don," according to "relationship therapist" Kimberly Moffit.
- The Globe and Mail put a full-page photo of Canadian divers Jennifer Abel and Pamela Ware on its sports cover, showing their great form and butt-revealing swimsuits.
- The Chicago Tribune headlined a trap-shooting athlete's win this way: "Wife of a Bears' lineman wins a bronze medal today in Rio Olympics."
- NBC commentator Dan Hick had to apologize after he called the husband and coach of Hungarian gold-medal swimmer and new world-record-holder Katinka Hosszu "the man responsible" for the swimmer she's become.

None of this media treatment is new to women's sports. It's just at Olympic proportions. Each games are a turbocharged two weeks of wall-to-wall coverage of women athletes, and the sexism that goes hand-in-hand with public attention.

There's no reason, other than male viewers, women's swimsuits need to be cut higher than the CN Tower, revealing half a bum cheek. There's no reason female beach volleyballers need to wear bra tops. The ploy is so obvious, some U.S. male gymnasts want to compete with their shirts off for attention.

All of which is gross.

So are the comments about female athletes' physical appearances (from 2012, Boris Johnson's gush over the "semi-naked women playing beach volleyball... glistening like wet otters."). So is painting women's success as a footnote to their husbands'.

Alas, each Olympics brings more of the same, suggesting critiques like this are as useless as stories about Olympics in turmoil (they always are. The show always goes on).

If anything, the Games underline to all aspiring female athletes just how sexualized they can expect to be. And since we're all so OK with that, I suppose they should learn it early. Bonne chance, women of the Olympics, and nice asses.

Listen to 'Nth Wave,' Rosie's podcast on women & media, at metronews.ca/podcasts

metro
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod
VICE PRESIDENT & EDITOR
Cathrin Bradbury
EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout
MANAGING EDITOR CALGARY
Darren Krause
ADVERTISER INQUIRIES
adinfocalgary@metronews.ca
General phone 403-444-0136
FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at www.mymetrostore.ca

metro LIFE

Your essential daily news

Martha Stewart, Snoop Dogg team up to throw celebrity dinner parties for new VH1 reality show

Second Jen looks to make TV history

INTERVIEW

Asian stars hope their show will spark more diversity

Jen (Samantha Wan) is nervously sitting in a doctor's office waiting for a gynecological exam. In the next seat engrossed in a medical pamphlet on sexual health is her best friend Mo (Amanda Joy).

"Do you remember my first pelvic exam when my mom got me to see a gynecologist Dr. Chin?" asks Jen with alarm.

Actors Wan and Joy are in the back of a former daycare centre in the west end Toronto neighbourhood of Babypoint. The studio has been mocked up to resemble a doctor's office. They're putting together City TV's Second Jen, a sitcom that is revolutionary for starring not one, but two female Asian leads.

Since ABC's Fresh Off The Boat and Dr. Ken there has been a gold rush of Asian American sitcoms including CBC's Kim's Convenience scheduled for the fall season, and YouTube Red's Single by 30.

But Second Jen stands out because it is confidently doubling down on the Asian leads, as if we had already arrived in a post-racial world. The fact that it is Toronto-based makes sense, since this city is touted as the most diverse in the world.

Back to the scene in the doctor's office: At the age of 21, Joy says, her mom followed her to the doctor.

"His first question was, 'Are you sexually active?' And she wouldn't leave the room!"

Second Jen is based on the experiences of Joy (who has Filipino ancestry) and Wan (who has Chinese ancestry) and their attempt to make it on their own outside their protective families. The gynecological exam scene was inspired by the fact that Asian parents rarely, if ever, talk about sex to their children. "Mainstream culture is all about go out there, have fun safe sex, and in Asian culture you just never talk about it at all," says Joy.

The title of the show also refers to the second generation, and the cultural and technological divide between millennials and their parents.

"This isn't a show just about being Asian, it's about the generational shift that's happening out there," Wan says.

A study at the USC Annenberg school of journalism found that of the 100 top films in 2014, 12.5 per cent of the casting was black, 5.3 per cent was Asian, and 4.9 per cent were Latino.

But remarkably, while Hollywood still battles over Oscars So White, television continues to push the boundaries, becoming much more reflective of the society we live in.

In some ways, it's surprising that Canadian networks have not taken the lead on diverse casting as some U.S. producers have done, introducing quality shows such as Blackish and Master of None.

Wan and Joy, tired of competing for the same roles in Toronto, decided they needed to create their own jobs.

What has changed for both actresses and they think also for mainstream audiences is the way that they look at the world through the lens of television. And they hope that they're not the only ones seeing it through that prism.

"One of my favourite shows growing up was Friends, and I still love that show," Wan says.

"But I look at it now and there's so little diversity. It's just so weird watching that now. And I hope moving forward that maybe we can change this a little, that we won't be the only ones that think that way."

TORSTAR NEWS SERVICE

TV TRAILBLAZERS

All American Girl (1994)

Comic Margaret Cho's sitcom was groundbreaking for having an Asian lead. Cho played the rebellious daughter of a strict Korean-American family. The show only made it one season and Cho blamed network executives for trying to make her material more palatable to mainstream audiences.

Fresh Off The Boat (2015)

A show about an Asian family living in Orlando, Fla., based on the life of Vice host and chef Eddie Huang. Huang criticized the show before it aired saying, the series did not accurately reflect his life.

Master of None (2015)

Aziz Ansari and Alan Yang's masterful send up forms a modern, diverse ensemble comedy. Ansari plays an actor who is best known for a Go-Gurt commercial. Which, in itself, is funny.

TORSTAR NEWS SERVICE

JOHANNA SCHNELLER WHAT I'M WATCHING

A casual appeal to Spanish speakers

THE SHOW: Sing movie commercial (NBC)
THE MOMENT: The Spanish text

During a break from NBC's Olympics coverage on Saturday afternoon, a commercial appears for the upcoming animated movie Sing, which looks like Zootopia crossed with American Idol: As a koala named Buster (voiced by Matthew McConaughey) walks into his office, a stack of flyers for the singing competition he's hosting blow out the window. Other animals pick them up, and we see a montage of their auditions. The dialogue and the songs are in English. But interestingly, any text that appears, such as "From the Creators of Despicable Me," is written in Spanish. The movie opens on Dec. 21; as the ad ends, the word "Navidad" fills the screen.

This is not the first time a major U.S. English-language network aired a commercial in or featuring Spanish. CBS ran a Spanish-language ad for Pepsi during the Grammy awards way back in February 1989. Target premiered a four-spot Spanish-language campaign during the Latin Music Awards this past May. But this is the first time I've seen a half-Spanish commercial dropped casually, without fanfare, into a major network's Saturday afternoon broadcast of women's volleyball and men's gymnastics. NBC — which owns Universal, the studio behind Sing, and also owns the Spanish-language network Telemundo — has obviously decided to appeal more directly than ever to its increasing numbers of Spanish-speaking viewers. And why not? According to the Wall Street Journal, Spanish-speaking viewers watch more TV as it airs than English speakers. Which means they're presented with more commercials. Expect to see more such Spanglish ads soon.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

A commercial for the animated movie Sing was voiced in English but featured advertising text in Spanish — a casual effort by NBC to appeal to its diverse viewership. CONTRIBUTED

Fighting? Stop and think about the future

ADVICE

Ask yourself: Will this matter a year from now?

If you're at odds with your wife about family chores, or are having a spat with your boyfriend over who feeds the cat, stop and ask yourself, "Will this fight matter a year from now?" — and you might still be together then.

A new Canadian study, published in the journal Social Psychological and Personality Science, suggests the ticket to overcoming relationship conflicts is adopting a future-oriented perspective, instead of focusing on the present.

That means in the heat of the moment when tempers are flaring, people should take a step back and ask themselves how a conflict will affect them down the line, says lead author Alex Huynh, a doctoral candidate in the University of Waterloo's department of psychology.

"It allows them to be more forgiving of their partners and close friends, and in the end, that changes how they think about their relationship and their relationship well-being," he says. "They think the relationship will get better, and (think) of the conflict as a learning experience."

The researchers conducted two studies — one on undergraduate students in Chicago, and another on a broader age range of Americans found through a crowdsourcing website. All participants were asked to reflect on a recent conflict with a romantic partner or a close friend, with one group tasked with describing how they felt about it in the moment, and a second group describing how they'd feel about the conflict in a year.

In both studies, those thinking about the future reported more positivity about their relationships. They also showed more forgiveness and saw the fight in a more reasoned, positive light.

"People get caught up in their feelings, and use it as fuel and end up hurting their relationships," says Huynh. "But as humans . . . we can take a step back and think about our conflicts differently. By this simple way of doing that, your relationship is going to be better."

The findings come as no surprise to psychologists and relationship counsellors, who've seen it all when it comes to sparring couples.

"Even basic stresses in life, when we take a moment to say, 'Will this matter a year from now?' I find it makes my clients calm down," says Nicole McCance, a Toronto-based psychologist and relationship expert who has been working with couples for around a decade.

"It makes absolute sense," says registered professional counsellor Edel Walsh, founder of Love Done Well, a Vancouver-based love, life and relationship-counselling service.

We're all hard-wired with a primitive "fight or flight" response, she says, and it's nonsensical to try and solve a conflict in that state of mind. "What generally leads to an escalation in an argument with couples is that they both want to be heard at the same time — but you can't."

A new study suggests the ticket to overcoming relationship conflicts is adopting a future-oriented perspective instead of focusing on the present. ISTOCK

"The best thing to do is walk away and take a break"

Psychologist Nicole McCance

When we're arguing with someone, there are actually physiological changes in our body, says McCance. "Our blood pressure increases and goes away from our brain, into our legs and arms," she says.

In other words, your brain isn't exactly firing on all cylinders when you're mad.

"The best thing to do is walk away and take a break," McCance adds. "It takes 20 minutes for your blood to go back to your brain."

And after hitting the pause button, you might as well take some time to think about the future, too.

TORSTAR NEWS SERVICE

Aside from adopting a future-oriented perspective, there are a few other things couples can do to get through conflicts

Keeping the peace

How to maintain a happy, loving relationship

Make your relationship a priority. It's easy to get caught up in your own needs, but you have to focus on your relationship as a whole. Ask yourself: Are you fulfilling your partner's needs? Are you asking them how their day went? Are you focusing on the things you love about them? To figure out your partner's specific needs, pay attention to the things they're complaining about.

Plan for conflict in advance. It sounds unromantic and pessimistic to plan for a fight, but Walsh says that's a key way couples can avoid the blow-ups sparked by our primitive "fight or flight" response. (And let's face it: Fighting with a partner is inevitable.) During a calm conversation, talk to your partner about how you want to handle conflict and make an agreement to hit the pause button before things escalate.

Don't play the blame game. Finger-pointing in a fight will just lead to bitterness, but it's often how people react. "Instead of partner blame, there has to be personal blame," says Walsh. "You have to say, 'Here's what I did, here's what I said, here's my mistake.' " That personal accountability can be even more important than apologizing, she adds.

WORLD HEAVY OIL CONGRESS 2016
Calgary, Alberta, Canada
CONFERENCE & EXHIBITION
September 6-9, 2016 | Stampede Park

CONNECT WITH INDUSTRY LEADERS

Register FREE today at worldheavyoilcongress.com
Use code METRO

PUBLIC HEALTH

More uptake of flu shots at pharmacy

Residents of provinces that allow pharmacists to administer flu shots are more likely to get vaccinated against the seasonal bug, a study has found.

In a paper published Monday in the Canadian Medical Association Journal, researchers found that a slightly higher proportion of residents got their annual influenza shots in provinces where pharmacists are allowed to give them — 30 per cent compared to 28 per cent in provinces where they aren't.

While that's a relatively small difference, it means that at an individual level, people who live in a province where there is a pharmacist policy were five per cent more likely to get the flu shot, said principal researcher Dr. Jeff Kwong of Public Health Ontario.

"It might be making their lives easier to get flu shots (at the drugstore)," said Kwong, who's also a scientist at the Institute for Clinical Evaluative Sciences.

The 2007-2014 study examined data for more than 481,500 people aged 12 years and older from the Canadian Community Health Survey, which every two years collects information on health status and health-care use among a representative sample of the country's residents.

Authorizing pharmacists to provide seasonal flu shots could increase inoculation rates, which each year hover around 30 per cent of the population, a figure public health officials would like to see raised much higher.

Kwong said although the difference in flu vaccine uptake between the two groups wasn't significant, that may change as more provinces allow pharmacists to give the inoculations.

For one thing, the majority of Canadians live near a drugstore, he said, and an unrelated pilot study suggested that 80 per cent of vaccine recipients prefer receiving their shot in the arm at pharmacy-based clinics.

THE CANADIAN PRESS

481K

Number of people aged 12 and up that were included in the cross-Canada study on flu shot uptake.

TORSTAR MEDIA

INTERNATIONAL CAT DAY GIVE SPHYNX ANOTHER CHANCE One of the most peculiar and polarizing pets — the hairless sphynx cat — can be traced back to Canada's largest city. The modern breed dates back to the 1960s, when breeders say a hairless cat named Prune was born in Toronto in a litter of otherwise normal, furry kittens. Riyadh Bawa, a University of Toronto student at the time, has been credited as the first to identify the hairlessness as a result of a recessive gene. Bawa, in partnership with other breeders, bred Prune with his mother, producing several more hairless kittens. The goal was to develop a hairless line of cats for allergy sufferers. As animal-lovers celebrated International Cat Day on Monday, some sphynx fans urged critics to give the often-misunderstood feline a second chance. Today, breeders sell sphynx kittens for up to $1,500. TEXT: THE CANADIAN PRESS; PHOTO: HENDRIK SCHMIDT/AFP/GETTY IMAGES

Mormon mommies have the best blogs

TRENDS

DIY crafts and wholesome values hit a popular note

Stephanie Nielson, second left, author of the Nie Nie Dialogues, and her family. CONTRIBUTED

For the past decade, members of The Church of Jesus Christ of Latter-day Saints have taken the blogosphere by storm, documenting their daily lives and amassing huge followings of Mormons and non-Mormons in the process. Atheist followers say the attraction is the escapism of picture-perfect lives filled with wholesome values and DIY crafts, while scholars say various tenets of Mormonism — sharing the faith, the value of creativity and the importance of family — make the religion a perfect fit for the blogging medium.

Utah mom Meredith Ethington, 38, saw blogging as a way to exercise her writing skills while maintaining her commitment to motherhood.

"I think a lot of (Mormon) women seek out blogging because we have talents and passions of our own and it's a way to express those, but still be able to stay true to those core values and stay home with our kids," said Ethington, who said the LDS church encourages women to stay home and raise children if they're able to.

Ethington's blog, Perfection Pending, focuses more on parenting than it does on Mormonism — she estimates only one in 10 of her readers are Mormon — but she understands certain mysteries shrouding her religion could be drawing in readers.

"We don't drink, we don't smoke, we don't swear. Those sort of things make us stand out naturally," said Ethington.

Like other Mormon bloggers, Ethington doesn't bombard her readers with her faith, but tucks her religious disclosure into the "About Me" section. Others have "We Believe" sidebars with links to the LDS church.

Some are even more discrete.

It took Torontonian Eva Voinigescu months to realize one of her favourite bloggers, Sydney Poulton of The Daybook, was Mormon.

"I'd always been curious because she looked very young and yet she was married and had a child," said the writer.

Voinigescu, 27, admits she initially judged Poulton after finding out she was Mormon. She herself is agnostic, skeptical of organized religion, career-focused and a feminist. She isn't married and doesn't know if she wants kids. She started questioning aspects of Poulton's life, including why she seemed to make so many sacrifices for her husband's career.

> **Mormon belief is just to look for the positive in things**
>
> Blogger Jenny Evans

But the blog's appeal endured.

"It's weird to see a parallel lifestyle that's so different from my own but has so many desirable aspects to it," said Voinigescu, who comes from a small family, spread out across the globe. "A lot of the values that come out in the blog are family, creativity, closeness. It definitely appeals to me, those values."

Sentiments like these are music to Mormon ears.

"Mormonism is a missionary religion. Members of the church are encouraged to share their faith with others," said Patrick Mason, a historian and the Howard W. Hunter chair of Mormon Studies at Claremont Graduate University in Southern California. "Blogs have become a really popular way for them to do that, often times in a really low key way."

Bloggers may choose to emphasize Mormon values of family, child rearing, the domestic sphere and the sacred calling of motherhood, as opposed to an overt focus on faith because they don't want to be seen as "preachy," he said.

"Mormons want nothing more than to be liked and respected and mainstream," said Mason, giving the example of Mitt Romney, a Mormon and the 2012 Republican presidential nominee. "They want to be just like everyone else but they want to be better at it."

For Jenny Evans, a Massachusetts-based Mormon and stay-at-home mom, making money off her blog is a "happy side benefit."

She's proud of the family values she shares on her blog, the Unremarkable Files.

"I love my family and I love my kids and I love to share the humorous and silly side of that, while still being really positive about being a mom and being a wife," said Evans, 34, a mom to six children.

"Mormon belief is just to look for the positive in things."

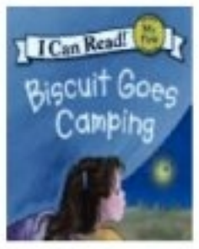
TORSTAR NEWS SERVICE

ULTIMATE SUMMER **READS**

Your free Library card is your pass to great summer reads.

Play by Elizabeth Verdick
Board book. 2014. Your child will engage with the crisp photos of other babies while you play along with this busy book.

BABIES



Biscuit Goes Camping by Alyssa Capucilli
Easy reader. 2015. The latest in the popular easy reader series about a lovable dog named Biscuit. Will Biscuit be brave enough to spend the night in a tent?

KIDS

The Name of the Star by Maureen Johnson
Fiction. 2011. Rory has just come to London for school when a series of gruesome murders begin, exact copies of Jack the Ripper's murders. Rory sees the killer–but why is she the only one who can?

TEENS

A Strangeness In My Mind by Orhan Pamuk
Fiction. 2015. Pamuk's second novel since winning the Nobel Prize, is another hefty door-stopper of a book, bringing us into Istanbul's underground through the eyes of a struggling street vendor.

ADULTS

CALGARY PUBLIC LIBRARY

metro RIO

Ibtihaj Muhammad made U.S. history by becoming the only American ever to compete in the Olympics wearing a hijab

Canada topped Great Britain 33-10 to win rugby sevens bronze on Monday at Deodoro Stadium in Rio. DAVID ROGERS/GETTY IMAGES

Flexing their bronze

RIO2016

Canadians place third in pool and on rugby pitch

Canada's women's rugby sevens team won a historic medal, while Kylie Masse continued Canada's rise to relevance in the pool.

A pair of bronze performances on Day 3 of the Rio Olympics gave Canada its first multi-medal day of the Games and kept it on pace for its overall goal of 19 podium finishes. Canada has one silver and three bronze medals so far, with three of those coming from the women's swim team.

Masse, from La Salle, Ont., added to Canada's fortunes in the pool by finishing tied for third in the women's 100-metre backstroke. Canada, which hadn't had a women's Olympic swimming medal since the 1996 Atlanta Games, has sent a swimmer to the podium for three straight days.

Earlier, Ghislaine Landry had two tries and four conversions to lead the sevens squad to a decisive 33-10 win over Britain in the bronze-medal match as women's rugby made its Olympic debut.

The nations' women athletes have been the story so far for Canada, accounting for all four medals.

Masse posted a Canadian record time of 58.76 seconds en route to her bronze. Her swim followed a bronze in the women's 4x100-metre freestyle relay on the opening day of the Games and Penny Oleksiak's silver in the women's 100 butterfly on Day 2.

"From the performances like the relay and Penny last night, everyone's done so well not just in the pool, but also the other Canadian athletes, it's really inspiring to see everyone do well," Masse said. "It really gives each athlete hope for their own successes."

> **We get energy from each other.**
> Kylie Masse on the swim team's success so far.

Hungary's Katinka Hosszu won gold in 58.45 seconds, Kathleen Baker of the United States took silver in 58.75 and Chinese swimmer Fu Yunahui tied with Masse to win a second bronze medal.

"I knew it was a tight race and I knew just from swimming prelims and semis, we're all so close and a lot of tough competitors," Masse said. "I knew it was going to come down to the touch and just trying to get my hand on the wall first."

The sevens rugby squad gave Canada its second team sport medal in as many Games after the women's soccer team captured the nation's attention by winning bronze four years ago in London.

But the medal was considered bittersweet for some on the team, as it followed a disappointing 17-5 semifinal loss to eventual champion Australia.

"There's a lot of games over this tournament that we just didn't play the rugby that we are capable of," said Landry. "We were pretty disappointed with that, but that's a performance that we can be proud of and it's good rugby."

Captain Jen Kish, however, couldn't stop beaming.

"I feel like a superhero," said Kish, who had been shedding tears just minutes earlier as the clock counted down. "I know 11 of my other teammates feel that way too.

"What a freaking historic moment for us. Now I know what our Canadian women's soccer team felt like when they got bronze (at the 2012 Games). It's just an ultimate superhero feeling. It's great."

Karen Paquin, Bianca Farella and Kelly Russell had the other tries for Canada, which took a commanding 26-5 halftime advantage. THE CANADIAN PRESS

1 **Hosts have a gold** — Rafaela Silva captured Brazil's first gold medal of the Games by winning judo's 57-kilogram division.

2 **Bouchard falls** — Eugenie Bouchard of Westmount. Que., was eliminated from the women's singles tennis event with a 6-4, 6-2 second-round loss to German Angelique Kerber.

3 **Hope on the water** — Victoria's Lindsay Jennerich and Patricia Obee — Canada's best hope for a rowing medal — won their heat in the women's lightweight double sculls to advance to the semifinal round Wednesday. But the women's eight crew finished last in its three-boat heat.

THE CANADIAN PRESS

RIO notes from the Games

DeLaet has date with history
The first Olympic golf shot in 112 years will be hit by the lone Brazilian in the men's field.

The International Golf Federation tapped into what few Olympic roots it has by selecting Adilson da Silva to be the first to tee off Thursday. Also in the opening threesome: Graham DeLaet of Canada, a country IGF president Peter Dawson called the defending champ — George Lyon of Canada won the gold medal at the St. Louis Games in 1904.

Graham DeLaet
GETTY IMAGES

Mayor pleads for carpooling
The mayor of Rio de Janeiro called for residents to carpool in the notoriously congested city Monday, the first workday during the Olympics competition schedule that featured medal action in gymnastics, swimming, fencing, women's rugby, judo and more.

Brazil soccer on cusp of another home meltdown
It has come to this for the Brazilian men's soccer team: The fans are so disappointed with the team that they heckled icon Neymar and chanted the name of the women team's star during a lacklustre, scoreless tie against Iraq over the weekend. Brazil is now facing elimination — a prospect that once seemed unthinkable in the soccer-obsessed host country — after 0-0 draws against South Africa and Iraq. THE ASSOCIATED PRESS

Neymar
GETTY IMAGES

metro SPORTS

Inter Milan says coach Roberto Mancini has left the Italian club after less than two years in charge.

Travis keeps on trucking as Jays' big bats break out

MLB

Leadoff man's four hits set the tone in winning return home

Devon Travis had a career-high four hits as the Toronto Blue Jays busted out of their offensive slump to score a 7-5 win over the Tampa Bay Rays on Monday night.

Travis hit a go-ahead bases-loaded single in the seventh inning and Jose Bautista added a two-run double to push the Jays in front for good in the opener of a six-game homestand.

MONDAY in Toronto

7	5
BLUE JAYS	RAYS

Toronto came alive offensively after an ultimately successful road trip (4-3 record) that nonetheless saw the club mostly neutralized offensively (17 runs scored). The seven runs scored Monday night at Rogers Centre were the most by the club this month and helped end a two-game slide.

The Jays entered the night a game back of Baltimore for first place in the American League East.

Perhaps the only Jay to hit consistently in recent weeks, Travis led off the bottom of the first with a triple to right, the ball scooting past right-fielder Mikie Mahtook. Travis, who added three singles, is batting .371 (33-89) over the last 22 games and entrenching himself in the leadoff spot for Toronto.

A Bautista sacrifice fly scored Travis and was followed by Edwin Encarnacion's 31st home run of the season off Rays starter Jake Odorizzi. It was the 299th career homer for Encarnacion, who matched the Orioles' Mark Trumbo for the Major League lead.

Coming off one of his finer starts of the season (seven innings, one earned run), R.A Dickey endured another rough start at home.

He worked himself into and then out of trouble early.

After Logan Forsythe reached on an infield single to start the game, Dickey walked Evan Longoria, struck out Brad Miller on a full count and then put Mahtook on with another walk to load the bases. Another strikeout, this time on Nick Franklin swinging, closed the nervous opening inning.

Dickey threw 34 pitches in the frame, only 18 for strikes.

He stumbled into trouble again in the fourth, this time unable to escape unharmed. The Rays scored twice, evening the score at 2-2, with Miller and Mahtook both hitting doubles.

Blue Jays Devon Travis and Josh Thole celebrate after being driven in by Edwin Encarnacion during the bottom of the fourth inning against the Rays on Monday. CHRIS SO/TORSTAR NEWS SERVICE

The Jays retook the lead in the bottom of the inning, loading the bases for Encarnacion. He ripped a single to left that plated two runs for the 4-2 advantage. Encarnacion remains the MLB leader with 94 RBIs, though indicative of the Jays' offensive struggles this was his first multi-RBI game since July 20.

Tampa struck right back for a pair of runs as Dickey continued to struggle in the top half of the fifth. After yielding a Forsythe single and hitting Longoria in the back, Dickey surrendered a two-run double to Miller, the score back even at 4-4. That was the end of the night for Dickey.

After threatening in the sixth, the Jays exploded in the seventh with a three-run rally that ultimately won them the game. Michael Saunders, Troy Tulowitzki and a pinch-hitting Russell Martin all walked to load the bases before Travis cashed in with a single up the middle, scoring the go-ahead run. Bautista then ripped a double to the alley in left-centre, scoring a pair for the 7-4 lead. The Jays right-fielder finished with three RBIs.

Roberto Osuna surrendered a solo home run to Forsythe in the ninth, but still notched his 25th save of the season to seal the win. THE CANADIAN PRESS

IN BRIEF

Hospital stay for Bochy

The Giants expect manager Bruce Bochy back following one night in a Miami hospital.

San Francisco did not specify what sent the 61-year-old Bochy to the hospital Monday morning. The team said he was "resting comfortably" and would be monitored overnight. Bochy underwent a heart procedure in February 2015. THE ASSOCIATED PRESS

Alouettes feeling gassy

If things weren't going badly enough for the Montreal Alouettes, their latest setback saw the entire team rush off the practice field because of a gas leak. Halfway through a workout Monday, a thick odour of natural gas wafted onto the field and the team was told to leave the area. Fire trucks were on hand as a crew worked nearby on a gas main.

"It was pretty bad," said receiver Duron Carter. "It felt like I was in the propane tank myself." THE CANADIAN PRESS

Belisle leads inductees

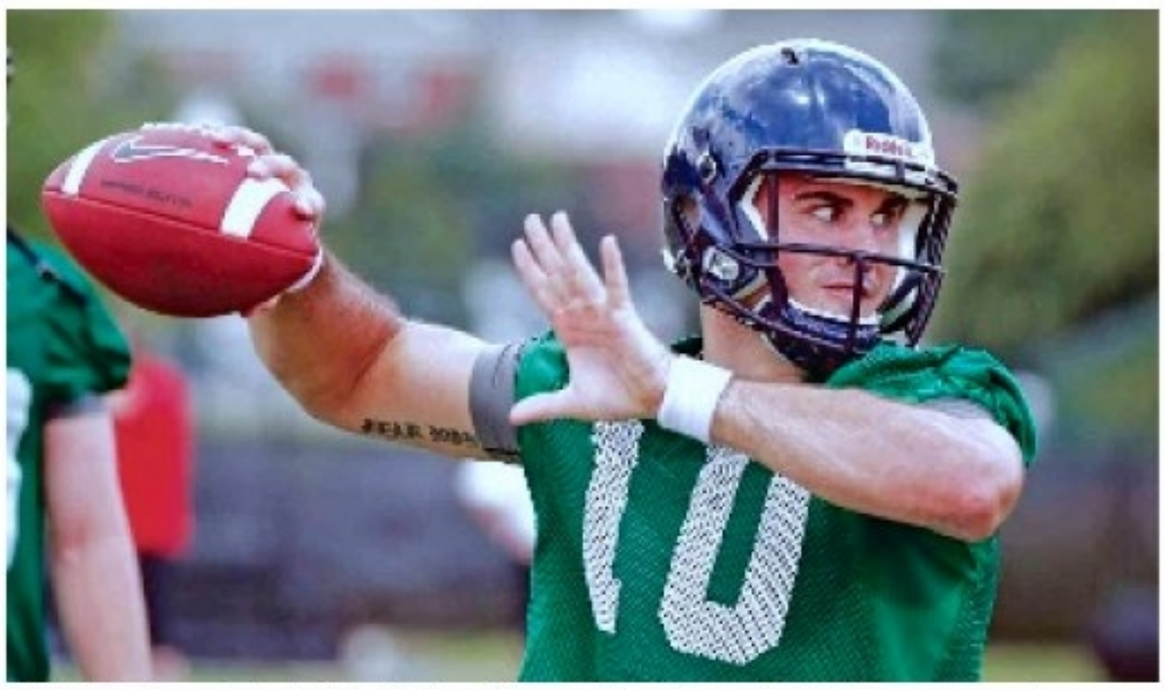
Longtime high school coach Bill Belisle, forward Craig Janney and the 1996 World Cup of Hockey team are this year's inductees into the U.S. Hockey Hall of Fame. The class was announced by USA Hockey executive director Dave Ogrean on the NHL Network on Monday. THE ASSOCIATED PRESS

$2,500 REWARD!
FOR YOUR CAR! YOUR TRUCK! YOUR SUV! YOUR MINIVAN!
$2,500 MINIMUM ON ANY RETAIL PRE-OWNED VEHICLE!
CANYON CREEK TOYOTA 25
SILVER ANNIVERSARY
www.CANYONCREEKTOYOTA.com
RATES FROM 1.9%
CALL! (403) 278-6066
*OFFERS OAC. GST EXCLUDED. OFFERS VALID UNTIL 07/31/16. PRIOR SALES ARE NOT ELIGIBLE. CONDITIONS APPLY. SEE DEALER FOR FULL DETAILS.

Cloud looms over focused Ole Miss

NCAA FOOTBALL

Powerhouse program being investigated for various offences



Mississippi quarterback Chad Kelly, a Heisman Trophy candidate, throws to receivers during practice on Monday in Oxford, Miss. ROGELIO V. SOLIS/THE ASSOCIATED PRESS

These should be grand times for Mississippi's football program.

And in many ways during Monday's first pre-season practice, that's exactly how it felt. After all, the Rebels are coming off a 10-win season, including a Sugar Bowl victory over Oklahoma State, and are now a program that's viewed among the upper tier of the loaded Southeastern Conference.

Senior quarterback Chad Kelly, a long-shot Heisman Trophy candidate, was zinging passes. Talented defensive linemen like Breeland Speaks and Marquis Haynes looked imposing during drills. At almost every position, the Rebels had the look and feel of an elite program.

"I really like the look of our team," Ole Miss coach Hugh Freeze said. "I love our coaching staff. The chemistry and consistency that we've been able to maintain here speaks to our core values and our administration."

But all is not well in Oxford, Miss. An ongoing four-year NCAA investigation continues to hover over the football program, leaving an unmistakable feeling of uneasiness. Is a post-season ban coming? A suspension for Freeze? Or is it just the loss of some scholarships and a few years of probation that the university already self-imposed?

Nobody knows. And until there's some clarity, the questions will continue.

> **It's a bump in the road, but we're going to get through it.**
> Ross Bjork, athletic director

Ole Miss has already received a Notice of Allegations from the NCAA, which includes 13 violations for the football program. The school released its response in May, but the case is in limbo while the school investigates more allegations involving former left tackle Laremy Tunsil.

Freeze is adamant that while the outside world might be concerned about the NCAA investigation, "it hasn't stole our joy at all."

Kelly said it's not even part of their world. "You're better off not reading anything on Twitter or newspapers or TV because it seems like they always want to talk about it. For us, we've just got to focus on football."

Freeze and Ole Miss have good reason to make sure the focus remains on the field. The Rebels have a hard September schedule, starting with a neutral site opener against Florida State on Sept. 5. They also have back-to-back home games against Alabama and Georgia.

"It's not hard to motivate our kids," Freeze said. "They understand what's in front of them." THE ASSOCIATED PRESS

NFL

RG3 back in starting role with Browns

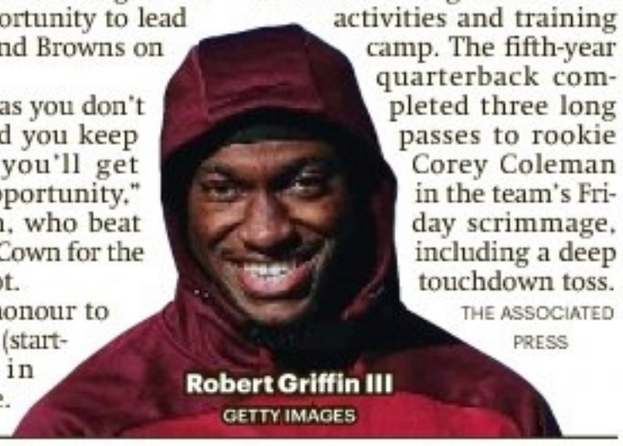
Despite spending an entire season on Washington's bench, Robert Griffin III never doubted he'd be a starter again.

His belief became reality Monday, when coach Hue Jackson said "it's time" to give Griffin the opportunity to lead the Cleveland Browns on the field.

"As long as you don't give up and you keep working, you'll get another opportunity," said Griffin, who beat out Josh McCown for the starting spot.

"It's an honour to be one of 32 (starting QBs) in this league. When you get (an opportunity), you got to seize it."

Griffin signed a two-year, $15-million free agent contract in March and has taken the majority of first-team reps during the Browns' organized team activities and training camp. The fifth-year quarterback completed three long passes to rookie Corey Coleman in the team's Friday scrimmage, including a deep touchdown toss. THE ASSOCIATED PRESS



Robert Griffin III GETTY IMAGES

SOCCER

Man United ponies up to get Pogba back

Manchester United has made Paul Pogba the world's most expensive soccer player, signing the France midfielder for around 105 million euros four years after releasing him for virtually nothing.

United says Pogba signed a five-year deal with an option for another year.

Pogba was a promising 19-year-old when he left United after his contract expired, having only made seven appearances as a substitute. He joined Juventus and won four successive Serie A titles with Juventus. THE ASSOCIATED PRESS

Paul Pogba GETTY IMAGES

IN BRIEF

Talib returns to Broncos practice, not clear of ban

Aqib Talib made his training camp debut Monday with a warm welcome from his Denver Broncos teammates and the fans on hand.

The cornerback was limited in practice but not in enthusiasm after missing the first 10 days of training camp while he recovered from a gunshot wound to his right leg suffered at a Dallas bar on June 5.

The NFL is investigating the incident and could potentially discipline Talib. THE ASSOCIATED PRESS

University of Arizona football player dies in sleep

Zach Hemmila, a senior offensive lineman for the University of Arizona, has died in his sleep, athletic director Greg Byrne said Monday.

Hemmila was found by a cousin. There was no immediate word on a cause of death. THE ASSOCIATED PRESS

Top dirt-track racer dies following weekend crash

Bryan Clauson, a popular driver considered by many to be the top dirt-track racer in the country, died Sunday night from injuries suffered in a crash during a race in Kansas. His death was announced Monday.

Clauson, 27, was leading Saturday night's race at the Belleville Midget Nationals when he crashed while passing lapped traffic; his car rolled and was hit by another competitor. THE ASSOCIATED PRESS

Jordan donates $5M to African-American museum

Michael Jordan has pledged $5 million to the Smithsonian's new African-American history museum in Washington.

Officials at the National Museum of African American History and Culture announced the gift Monday. The museum opens Sept. 24. THE ASSOCIATED PRESS

Service Directory — To advertise contact 403.444.0136

SPIRITUALIST

World Famous Astrologer Centre

MASTER : UDIPI SHARMA
Come to know about your Past, Present & Future
Palm, Face, Photo & Patra Reading
GET PERMANENT SOLUTIONS TO ALL YOUR PROBLEMS SUCH AS:
Education · Immigration · Visa Problem · Promotion · Work Business · Court Case · Love Marriage · Bad Luck · Business Sickness · Depression · Sexual Problem · Jealousy · Black Magic · Evil Spirit & More!
PRIVATE CONSULTATION
403.970.4982 1083 Falworth Rd. N.E. OPEN 7 DAYS A WEEK

TAX CREDITS

Hip or Knee Replacement?
The Disability Tax Credit allows for a
$2,500 Yearly Tax Credit
$20,000 Lump Sum Refund (on avg)
Copd, arthritis, and many other disabling conditions that cause Restrictions in Walking or Dressing may qualify.
For Expert Help: 1-844-453-5372

PSYCHICS

INDIAN ASTROLOGER
PANDIT: KALBHAIRAV BABA JI

Expert in Patra Reading, Open Book, Palm, Reading, Horoscope Photo Reading, Face Reading, Name & Date of Birth. Pandith is Expert in Removing Black Magic,Generation Curses, Black Hearts, Voodoo, Jadoo, Butu, Witchcraft, Obeau, Evil Spirits & Bad Luck.

Are you Suffering from any of the Following Problems?

- Black Magic
- Evil Spirits
- Bad Luck
- Reunite Lovers
- Stop Divorce
- Depression
- Psychological
- Business
- Work Problems
- Financial Problems
- Wife & Husband Pro
- Children Mistakes
- Court Cases
- Mortage
- Drinking Problems
- Health Protection
- House Protection
- Childless Couples
- Sexual Problems
- Lottery
- Success in Life

403-918-4353
Open 7 Days 10am-8pm Call for appointment
5221 MARBANK DR
AT INTERSECTION OF 52 STREET NE

RECIPE Chicken Milanese with Roasted Cherry Tomatoes

Ceri Marsh & Laura Keogh
For Metro Canada

Ready in 30 minutes
Prep time: 15 minutes
Serves 4

This meal is the dinner equivalent to a vacation in the sun. In other words, it's pure bliss.

Ingredients
- 1 pint of cherry tomatoes
- 1 garlic clove, sliced
- 2 Tbsp olive oil
- 1 Tbsp of balsamic vinegar
- Salt and pepper
- 2 chicken breasts
- 1 cup panko
- 1/3 cup Parmesan cheese, finely grated
- 1 Tbsp lemon zest
- 2 eggs
- 1 or 2 Tbsp olive oil

Directions

1. Preheat oven to 400 F. Place tomatoes, garlic, olive oil, vinegar, salt and pepper on a baking sheet. Toss together then bake 20 minutes. Set aside.

2. With a sharp knife, slice the chicken in half so you end up with four thin cutlets. Place each between two sheets of cling film and use a rolling pin to pound until cutlets are 1/4-inch thin.

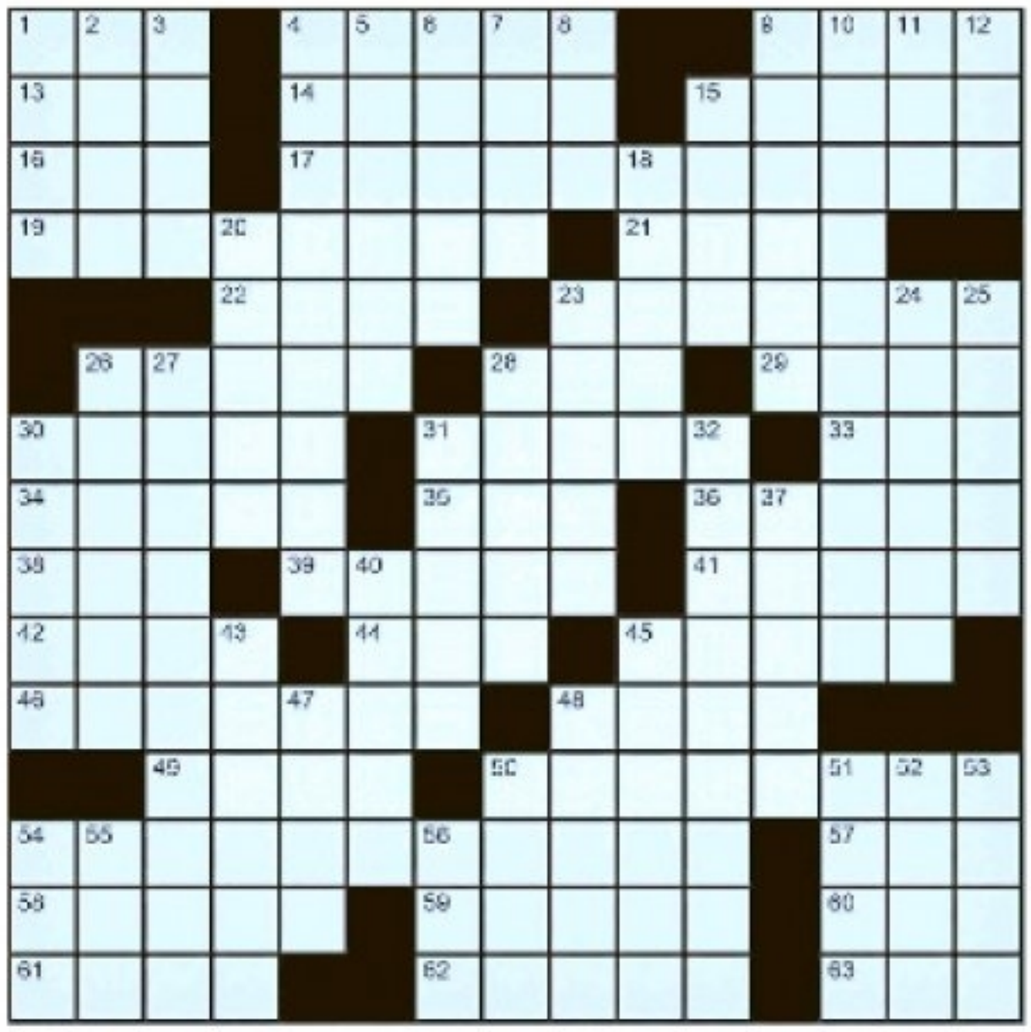
3. Whisk eggs in a shallow bowl. Mix panko, Parmesan, lemon zest and salt and pepper on a plate. Dip cutlets into egg, then press on each side in the panko mixture and place on a clean plate.

4. Pour olive oil in skillet over medium heat. Place chicken in hot oil and cook on each side until they're golden brown and crispy, about 5 minutes a side. Serve with fresh arugula and roasted cherry tomatoes.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. RIO 2016: 'Canada's Olympic Network'
4. Burt and Sela
9. Golden Globes org.
13. Shade
14. Skin-soothing plants
15. Aplomb
16. 'A' in ETA [abbr.]
17. RIO 2016: Quick reflexes sport: 2 wds.
19. RIO 2016: SLO is its IOC code
21. H.G. Wells people
22. Ms. Brockovich
23. Steeps
26. Police dept. ranks
28. Q. "How is Nashville's state abbreviated?" A. "'_ _', _ believe."
29. Queen's 'Bohemian', e.g.
30. _ _ a customer
31. Swallow heartily
33. Env.'s stuff-y
34. Up to
35. Samovar
36. Employee's request
38. Certain cap
39. Make hair stand _ _
41. Singer, Tennessee _ Ford
42.Mr. Redding
44. poet mr. cummings, et al.
45. Get a new tenant
46. RIO 2016: Olympic sport
48. _-majeste (High treason)
49. RIO 2016: Beach mound
50. Canadian restaurant, _ _ Mario's
54. RIO 2016: In the Men's Tournament, Canada faces The Netherlands in it today, August 9th: 2 wds.
57. RIO 2016: Basketball hoop part
58. Soil fertilizers
59. RIO 2016: Cycling spinner
60. 'Federal' suffix
61. Snake sounds
62. Scandinavian
63. Reserved

DOWN
1. Animals bassist Mr. Chandler
2. Mr. Ives
3. Mackerel sort
4. RIO 2016: Pool team sport: 2 wds.
5. Ms. Morissette
6. Songbird variety
7. Oscar Renta
8. Opposite NNW
9. Accolade
10. RIO 2016: Racer's target: 2 wds.
11. Pressure meas.
12. Bronze Roman money
15. Ill-gotten money
18. "_ _ two have been taken." (Donut dozen remainder)
20. 1892: Aria in Pagliacci: "_ la Giubba"
23. _ _ out
24. Has that power bar: 2 wds.
25. Shopping _
26. Intrinsic
27. RIO 2016: Goalkeepers, as per #54-Across
28. Goes sour
30. _ _ the blue
31. "The Caine Mutiny" (1954) role, Lt. Cmdr. Philip Francis _
32. RIO 2016: Swimming event, Men's 4 x 200m _ Relay
37. French city where Van Gogh painted
40. "Buffalo Stance" singer Ms. Cherry
43. RIO 2016: Rowing crafts
45. Goes to that movie again
47. Non-affiliated politicians [abbr.]
48. RIO 2016: 1992 'Dream Team' in Basketball... Magic Johnson, when an NBA player
50. Parrot
51. Lovely flower
52. Gossip
53. Ms. Rossum
54. AMs opposites
55. RIO 2016: '_' _ in IOC
56. Have

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You are in such a resourceful frame of mind today, you will see new ways to do things at work. You might see new applications for an old system.

Taurus April 21 - May 21
This is a good day to explore different approaches with children. Likewise, if you are involved in a creative project, you will see possibilities you missed before.

Gemini May 22 - June 21
This is a good day for practical repairs at home, because you are in a resourceful frame of mind.

Cancer June 22 - July 23
Today you have penetrating insight into situations all around you. You see what motivates people and what really makes them tick.

Leo July 24 - Aug. 23
Have confidence in your ability to see new uses for your possessions. This is because you are ingenious today and ready to see new ways of doing things.

Virgo Aug. 24 - Sept. 23
You have the ability to persuade others today. Use this wisely, so people will continue to respect you in the future. Don't lead anyone astray.

Libra Sept. 24 - Oct. 23
This is a wonderful day for research, because you are quick to see the subtext of things. You also see the reasons why something occurred or came into being.

Scorpio Oct. 24 - Nov. 22
If you are in a class or any kind of group, you will convince the people around you to listen to you and to follow your ideas. Use this advantage wisely.

Sagittarius Nov. 23 - Dec. 21
Discussions with bosses, parents and VIPs (even the police) will be powerful and to the point today. Someone wants to get to the bottom of something. They want the truth.

Capricorn Dec. 22 - Jan. 20
Discussions about politics, religion and racial issues will be intense and probing today. You want to know the reason behind why people think the way they do.

Aquarius Jan. 21 - Feb. 19
If you are clever today, you will see ways to reduce your debt or shuffle things to your advantage. Take a fresh look at your situation and be inventive!

Pisces
Feb. 20 - March 20
Someone might try to persuade you to do something today. They want to convince you of something. Listen carefully, but make up your own mind.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

					4	5		
		2		6				
	4		9					8
		6			7			4
	7			2			1	
8			5			3		
2					5		6	
				4		8		
		3	2					

© 2016 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better. metronews.ca/panel

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

4	8	6	9	5	2	3	7	1
2	9	3	1	4	7	8	5	6
5	1	7	6	3	8	4	2	9
9	2	4	7	8	1	6	3	5
3	7	5	2	6	4	9	1	8
1	6	8	3	9	5	7	4	2
6	4	2	8	1	3	5	9	7
8	3	1	5	7	9	2	6	4
7	5	9	4	2	6	1	8	3

SUMMER SAVINGS!

UP TO **$7,777** IN MANUFACTURER REBATES

OR **0%** FINANCE AND LEASE RATES

PLUS! **$1,298** ADDED VALUE PACKAGE WITH EVERY NEW KIA!

KIA PROTECT

NO COST TO YOU

12 TERM

$3,000

SAVE BIG ON OUR NEW ARRIVALS!

2017 Kia RIO LX+
K17002

LIST PRICE: $19,740	LEASE FOR	
NOW! $18,740	$57 WEEK	$0 DOWNPAYMENT!
INCLUDES! BLOCK HEATER! WHEEL LOCKS! SECURITY ETCHING! COMPLIMENTARY OIL CHANGES!	OR PAY ONLY $58 WEEK	$0 DOWNPAYMENT!

2017 Kia FORTE LX+
K17004

LIST PRICE: $21,995	LEASE FOR	
NOW! $20,995	$59 WEEK	$0 DOWNPAYMENT!
INCLUDES! BLOCK HEATER! WHEEL LOCKS! SECURITY ETCHING! COMPLIMENTARY OIL CHANGES!	OR PAY ONLY $63 WEEK	$0 DOWNPAYMENT!

2017 Kia SPORTAGE AWD
K57037

LIST PRICE: $29,220	LEASE FOR	
SAVE! $28,220	$81 WEEK	$0 DOWNPAYMENT!
INCLUDES! BLOCK HEATER! WHEEL LOCKS! SECURITY ETCHING! COMPLIMENTARY OIL CHANGES!	OR PAY ONLY $88 WEEK	$0 DOWNPAYMENT!

SAVE BIGGER ON OUR CLEAROUT MODELS!

2016 Kia SOUL LX+
K16199

LIST PRICE: $21,220	LEASE FOR	
NOW! $18,720	$52 WEEK	$0 DOWNPAYMENT!
INCLUDES! BLOCK HEATER! WHEEL LOCKS! SECURITY ETCHING! COMPLIMENTARY OIL CHANGES!	OR PAY ONLY $58 WEEK	$0 DOWNPAYMENT!

2016 Kia FORTE5 LX+
K16178

LIST PRICE: $22,340	LEASE FOR	
NOW! $18,840	$56 WEEK	$0 DOWNPAYMENT!
INCLUDES! BLOCK HEATER! WHEEL LOCKS! SECURITY ETCHING! COMPLIMENTARY OIL CHANGES!	OR PAY ONLY $60 WEEK	$0 DOWNPAYMENT!

2016 Kia SORENTO AWD
K56264

LIST PRICE: $34,920	LEASE FOR	
NOW! $31,240	$94 WEEK	$0 DOWNPAYMENT!
INCLUDES! BLOCK HEATER! WHEEL LOCKS! SECURITY ETCHING! COMPLIMENTARY OIL CHANGES!	OR PAY ONLY $95 WEEK	$0 DOWNPAYMENT!

NORTHLAND KIA

(403) 247-2411 • www.NORTHLANDKIA.ca

5100 SHAGANAPPI TRAIL NW (JUST OFF CROWCHILD TRAIL)

*PLEASE READ: ALL OFFERS OAC. ALL REBATES TO DEALER. SAVINGS REFLECT MAXIMUM AMOUNT BY VEHICLE LINE. EMPLOYEE PRICE OFFER APPLIES TO NEW KIA VEHICLES ONLY. ALL OFFERS INCLUDE FREIGHT, PDI AND FEES AND EXCLUDE GST. LIST PRICE INCLUDES $1298 FOR BLOCK HEATER, WHEEL LOCKS, SECURITY ETCH AND LIFETIME OIL CHANGES. LEASE PAYMENTS BASED ON 60 MONTH TERMS @ 0.9% (SOUL), 1.9% (RIO, FORTE, FORTE5, SORENTO), 3.9% (SPORTAGE) WITH $0 DOWNPAYMENT AND 16,000 KM/YR DRIVING LIMIT. WEEKLY PAYMENTS BASED ON 84 MONTH TERMS @ 0% (FORTE5, SORENTO, SOUL), 0.9% (RIO, FORTE), 1.9% (SPORTAGE) COST OF BORROWING=$1,346 (RIO). PRIOR SALES NOT ELIGIBLE. OFFERS END 08/31/16. VEHICLES DEPICTED MAY NOT

5 YEAR 100,000 KM WARRANTY

WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty.

KIA.CA

KIA
The Power to Surprise